

A Thank You for the Gift

(Prep - Ages 5-6):

Lesson 7 of 9

Name: _____ Class: _____

Teacher Preparation

Introduction for Teachers

This lesson serves as a gentle and heartfelt culmination of the core themes explored so far. While the original lesson for older students focuses on creative writing, this adaptation focuses on the simple, powerful emotion of gratitude. The primary goal is for students to reflect on the entire story of the "magical gift" and to express their appreciation through a creative and symbolic act.

The main activity is creating a "Thank You" card. It is crucial to frame this as a symbolic gesture. The card is not for a specific individual but is a way of sending a big "thank you" out into the world to all the Kindness Superheroes—the families who make the kind choice, the doctors and nurses who help, and everyone involved in the story of helping. The lesson culminates in creating a class "Wall of Kindness" to celebrate this collective feeling of gratitude.



Key Concepts & Language for Teachers

- **The Emotion of Gratitude:** Use simple, relatable language to explain what it means to be thankful.
 - **Say:** "When someone does something kind for you, how does it make your heart feel? Warm? Happy? That warm, happy feeling is called being thankful. Saying 'thank you' is how we share that good feeling back."
- **Recapping the Whole Story:** This is a key part of the lesson. Guide the students in retelling the story they've learned, using the established magical language.
 - **Prompt them:** "Let's remember the whole story of the magical gift. Who are the heroes at the start?" (Kindness Superheroes, our families). "What happens when someone gets sick?" (The Doctor and Nurse Team helps). "What is the greatest gift they can receive?" (The gift of more time). "And how does that gift happen?" (A kind family makes a brave choice to say "yes"). "Our 'Thank You' card is for all of those people in the story."
- **The Symbolic "Thank You":** Be very clear that this card is a general expression of kindness.
 - **Say:** "We don't know the names of all the people who make this kind choice, but we can still send them our thanks. Our cards are like sending a big, happy, sparkly thank you hug out into the world. When we put them all together on our Wall of Kindness, it shows how much we appreciate all the helpers."

Safety and Sensitivity Considerations

- **Focus on the Positive Outcome:** The act of saying "thank you" is inherently positive. Keep the focus on the happy result of the "magical gift"—the person who gets more time to play and be with their family. If any discussion of sadness or loss arises, gently acknowledge it and redirect to the kindness of the choice. Say: "It's true that can be a sad time, but the family made such a kind and brave choice to help someone else, and that's what we are saying thank you for today."
- **Managing Abstract Concepts:** The idea of thanking an unknown person can be abstract. The "Wall of Kindness" helps make this concrete. It's a physical representation of their collective gratitude, a place where all their good feelings are gathered.



- **No Pressure to Feel a Certain Way:** Gratitude is a personal feeling. Encourage creative expression without dictating what students should feel or draw. The goal is for them to participate in a positive, reflective activity.

Teacher Resources

- A picture book about gratitude (e.g., The Thank You Book by Mo Willems).
- A large "Wall of Kindness" banner or poster.
- Pre-folded A4 card for each student.
- Special craft supplies: shiny paper, ribbon, glitter, stickers.
- Crayons and markers.

Magical Body Facts for Little Learners (Ages 5–6)

- Helping Hearts, Sharing Lungs, and Kindness Inside Us All!

1. Our Bodies Are Magical

- Did you know our bodies are full of amazing parts that help us live, breathe, see, move, and grow?
- And guess what? When someone is really sick, these parts can sometimes be shared to help them feel better!

2. We Can Be Super Helpers

- Some people choose to be body helpers. That means after they've finished using their body, special parts like their heart, lungs, or eyes can be given to someone who needs them.
- It's one of the kindest things anyone can do!

3. One Person = Many Lives

- Just one super helper can save up to seven people!
- And some parts — like skin or eyes — can help even more. That's a LOT of kindness!

4. Doctors Help It Happen Safely

- This only happens in special places like hospitals. Doctors and nurses make sure everything is safe and loving. Families help too — they say "yes" to helping others.



👁️ 5. Eyes, Skin, Bones, and More!

- Not just hearts and lungs — our eyes, skin, and bones can be shared too!
- Someone who can't see might be able to see again with new eyes. How magical is that?

🇦🇺 6. Australia Is Full of Kind People

- Lots of families in Australia say “yes” to sharing body parts.
- That means more people get to smile, run, play, and live their best lives — thanks to amazing body helpers.

🧠 7. We Can Talk About It

- Even though we're little, we can still talk to our grown-ups about helping others.
- Maybe one day you'll grow up to be a helper too!

❤️ Kindness Grows When We Share

- Helping others is something we can ALL do.
- Even just talking about body gifts makes the world a better, braver place. ✨

