

A Superhero's Kind Choice

(Prep - Ages 5-6):

Lesson 6 of 9

Lesson Summary

This lesson introduces the important concept that helping is always a choice. Students will explore simple scenarios to understand the difference between being asked to help and choosing to help. The lesson reinforces that the "magical gift" of organ and tissue donation only happens when a family makes the brave and kind choice to say "yes." Through an interactive voting activity and a "Helping Hand" craft, students will celebrate the power of making a kind choice.

Learning Intentions

Students will

- Understand that being a helper is a choice we make.
- Recognise that saying "yes" to helping is a very kind and powerful action.
- Understand that the "magical gift" is a special choice a family makes to help others.

Success Criteria

Students can

- Say that being a helper is a choice.
- Use a "thumbs up" to show my support for a kind choice.
- Create a "Helping Hand" to show I believe in the power of saying "yes" to helping.

Lesson Details

Time:	30 minutes
Year Level:	Foundation / Prep (Ages 5-6)
Unit:	This is Lesson 6 of 9 in the series.
Educational Partner:	This lesson is adapted from resources provided by DonateLife

General Capabilities

Personal and Social Capability, Ethical Understanding, Critical and Creative Thinking.

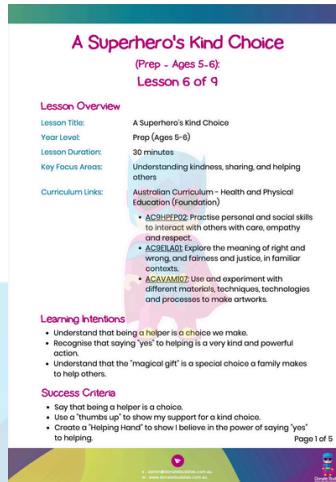
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Lesson Guides and Printables

Lesson Plan

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A Superhero's Kind Choice
(Prep - Ages 5-6)
Lesson 6 of 9

Lesson Overview

Lesson Title: A Superhero's Kind Choice
Year Level: Prep (Ages 5-6)
Lesson Duration: 30 minutes
Key Focus Areas: Understanding kindness, sharing, and helping others

Curriculum Links: Australian Curriculum - Health and Physical Education (Foundation)

- **AC91H2P02:** Practise personal and social skills to interact with others with care, empathy and respect.
- **AC91H2L02:** Explore the meaning of right and wrong, and fairness and justice, in familiar contexts.
- **AC91VAM02:** Use and experiment with different materials, techniques, technologies and processes to make artworks.

Learning Intentions

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- Understand that the 'magical gift' is a special choice a family makes to help others.

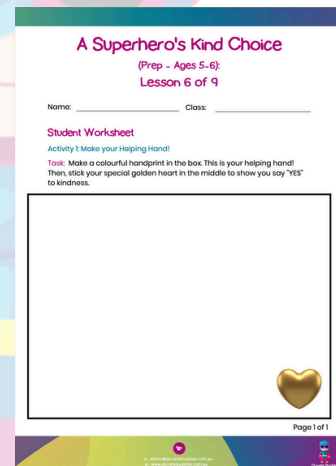
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Student Worksheet

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Name: _____ Class: _____

Student Worksheet

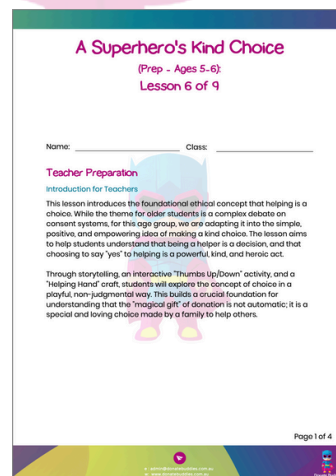
Activity 1: Make your Helping Hand!

Task: Make a colourful handprint in the box. This is your helping hand! Then, stick your special golden heart in the middle to show you say 'YES' to kindness.

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Teacher Content Info

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Name: _____ Class: _____

Teacher Preparation

Introduction for Teachers

This lesson introduces the foundational ethical concept that helping is a choice. While the theme for older students is a complex debate on consent systems, for this age group, we are adopting it into the simple, positive, and empowering idea of making a kind choice. The lesson aims to help students understand that being a helper is a decision, and that choosing to say 'yes' to helping is a powerful, kind, and heroic act.

Through storytelling, an interactive 'Thumbs Up/Down' activity, and a 'Helping Hand' craft, students will explore the concept of choice in a playful, non-judgmental way. This builds a crucial foundation for understanding that the 'magical gift' of donation is not automatic; it is a special and loving choice made by a family to help others.

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Curriculum Mapping and Links

Australian Curriculum (v9.0)

Subject	Strand	Content Descriptor
Health and Physical Education	Personal, Social and Community Health	AC9HPFP02 : Practise personal and social skills to interact with others with care, empathy and respect.
Ethical Understanding	Understanding ethical concepts and perspectives	AC9EILA01 : Explore the meaning of right and wrong, and fairness and justice, in familiar contexts.
The Arts (Visual Arts)	Creating	ACAVAM107 : Use and experiment with different materials, techniques, technologies and processes to make artworks.

Queensland Curriculum (QCAA)

Subject	Syllabus	Content Description
Health and Physical Education	Foundation	Explore how to interact with others with care, empathy and respect.
Civics and Citizenship	Foundation	Recognise that rules are important for groups of people to live and work together.
The Arts (Visual Arts)	Foundation	Experiment with and use art elements, principles, materials, technologies and processes.



Resources Required

- A picture book about making a choice or doing the right thing (e.g., The Little Red Hen).
- Large "Thumbs Up" (green) and "Thumbs Down" (red) paddles or cards for each student.
- Large sheets of paper for the "Helping Hand" craft.
- Child-safe paint in various colours.
- A special "golden" heart sticker for each student.

Skills

- Decision-making (simple)
- Empathy
- Respecting choices
- Communication

Teacher Preparation

- Prepare the "Thumbs Up/Down" cards for the interactive activity.
- Set up a painting station for the handprint craft.
- This lesson is the most direct link to the concept of consent. It is crucial to frame "saying yes" as an empowered, positive, and heroic choice. The focus is on the kindness of choosing to help, not on any pressure or obligation to do so.

Additional Information

This lesson has been created as part of Donate Buddies, a program designed to help young children explore kindness, sharing, and the importance of helping others. By introducing these concepts in a fun, age-appropriate, and engaging way, children begin to understand the power of kindness and how their actions can make a big difference.

Organ, eye, and tissue donation is a real-life example of this kindness, where one person can help save the lives of many others. While most people can donate tissue, only a small number of people who pass away in hospitals can become organ donors. One organ donor alone can save up to seven lives and help many more people through eye and tissue donation.

