

Superhero Spokes-heroes

(Year 3 - Ages 8-9):

Lesson 8 of 9

Name: _____ Class: _____

Teacher Preparation

Introduction for Teachers

This lesson adapts the complex theme of "raising awareness" into an empowering and age-appropriate role for Year 3 students: the "Superhero Spokes-hero." The goal is to help children understand that they have the power to share the important and kind stories they have learned. The lesson frames this through the fun and high-status role of a news reporter or spokesperson for their superhero team.

The core objective is to build communication skills and a sense of agency. This creates a positive context for understanding that sharing the message about organ and tissue donation is a vital and heroic act. It empowers students to see themselves as advocates for kindness, capable of helping others understand this important gift.



Key Concepts & Language for Teachers

- **The "Superhero Spokes-hero" Metaphor:** This is the central theme. Introduce it as a very important job.
 - **Say:** "Today, you all get a promotion! You've met the superhero team, and now you're going to become their official 'Superhero Spokes-heroes!' A spokesperson is a trusted hero who shares the team's amazing stories and important messages with the world."
- **Defining a "Clear Message":** Help students understand the basics of effective communication.
 - **Say:** "A Spokes-hero's message needs to be clear, so everyone understands. It needs to be kind, so people want to listen. And it needs to be simple, so the most important idea is easy to remember. We're going to practice creating messages like that today."
- **Connecting Messages to Understanding:** Link the act of sharing a story with helping people learn.
 - **Say:** "When a Spokes-hero shares a story, like the 'Hero Story' we learned about last lesson, they are helping people understand something new and important. Your 'Hero News Report' will help teach others about how our organ superheroes work and how amazing they are."
- **Connecting to the Bigger Idea:** Frame the act of sharing the donation message as the most important mission for a Spokes-hero.
 - **Say with an encouraging and inspiring tone:** "The most important mission for a Superhero Spokes-hero is to share the true story of organ and tissue donation. Many people might not know it's a story about 'heroes helping heroes.' By creating a news report, you are sharing a message of hope and kindness. You are helping more people understand that talking about donation with their family is a brave and loving thing to do. You are being true heroes by sharing this kind and powerful message."

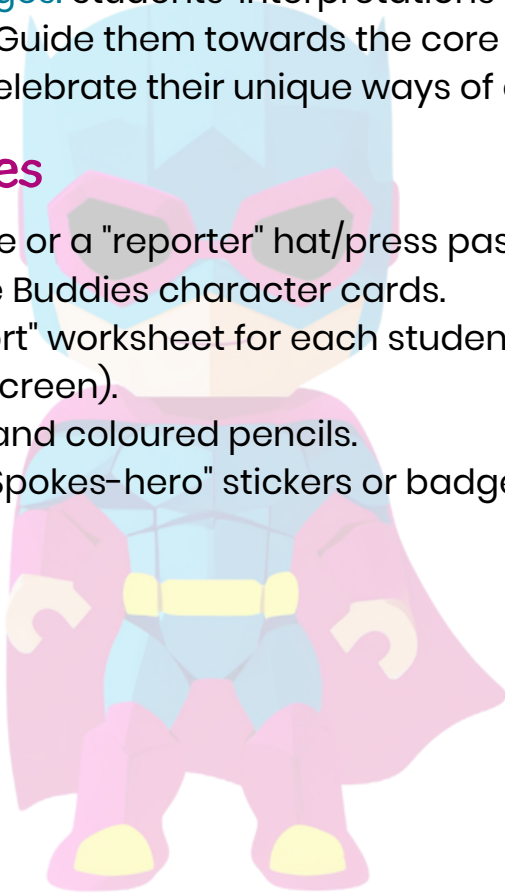


Safety and Sensitivity Considerations

- **Focus on Positive Storytelling:** The lesson is about the joy and power of sharing a positive message. Keep the focus on the "good news" aspect of the hero stories, celebrating the kindness and the happy outcomes.
- **Empower, Don't Pressure:** The "Spokes-hero" role should feel fun and optional. The goal is to build confidence in communication, not to force public speaking. Sharing in pairs is a great way to keep it low-stakes.
- **Validate All Messages:** Students' interpretations of the key messages should be valued. Guide them towards the core themes of kindness and helping, but celebrate their unique ways of expressing it.

Teacher Resources

- A prop microphone or a "reporter" hat/press pass.
- The official Donate Buddies character cards.
- A "Hero News Report" worksheet for each student (formatted like a newspaper or TV screen).
- Markers, crayons, and coloured pencils.
- Optional: "Official Spokes-hero" stickers or badges to give out at the end.



Magical Body Facts for Year 3 (Ages 8–9)

- Your heart pumps around 7,500 litres of blood through your body every day! ❤️
- If all your blood vessels were stretched end-to-end, they could go around the Earth two and a half times! 🌍
- Your brain sends messages to your body at speeds of up to 430 km/h – faster than a Formula 1 car! 🏎️
- Your stomach gets a new layer of mucus every few days so the acid inside doesn't eat through it. 🤢
- The strongest muscle in your body (for its size) is your jaw muscle – perfect for biting into an apple! 🍏
- You blink around 15–20 times every minute, which means over 10 million blinks a year! 👁️
- Earwax isn't "yuck" – it's a special waxy shield that protects your ears from dust, germs, and water. 🧠🛡️
- Your bones are constantly being broken down and rebuilt – every 10 years you have a brand-new skeleton! 💀✨
- The acids in your stomach are strong enough to dissolve metal – but don't worry, your body is built to handle it! 🧪
- Your fingerprints are completely unique – no one else in the world has the same ones as you, not even identical twins! 🔍

