

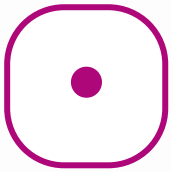


Life Giver Dice Game

✦ How to Play – Life Giver Dice Game

Roll the dice and complete the challenge or question for the number you get!

- 🎨 Colour your dice before cutting and folding it into shape.
- 🎲 Take turns rolling with friends or family.
- 🧠 Each number matches a body part or wild card.
- 💬 Read the matching question or action and give it a go!
- 🏆 Learn cool things about your body and how you can help others!

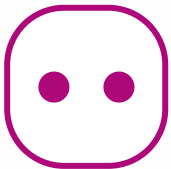


Question:

What does your heart do and why is it important?

Bonus Challenge:

Jump on the spot 10 times like your heart pumping blood!

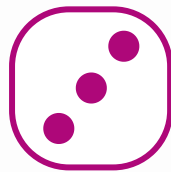


Question:

How do your lungs help you every day?

Bonus Challenge:

Take a deep breath, then blow a tissue or cotton ball across the table!

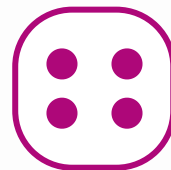


Question:

What's one smart thing your brain helped you do today?

Bonus Challenge:

Try to remember a 3-word list: apple, heart, kidney – now say it back!



Question:

What do kidneys do in your body?

Bonus Challenge:

Pretend to carry a cup of water carefully without spilling – just like a kidney filter!

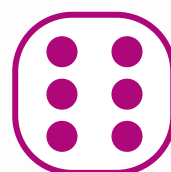


Question:

What does your liver clean inside your body?

Bonus Challenge:

Act out cleaning up your toys – just like your liver cleans your blood!



Question:

What does it mean to be a hero through donation?

Bonus Challenge:

Share one kind thing you could do today to help someone feel better.