

# The Greatest Gift: More Time to Play

(Prep - Ages 5-6):

## Lesson 4 of 9

Name: \_\_\_\_\_ Class: \_\_\_\_\_

### Teacher Preparation

#### Introduction for Teachers

This lesson tackles the abstract concept of "time" by making it concrete and relatable for young children. The goal is not to discuss time in a philosophical sense, but to connect it to the happy activities and special moments that fill a child's life (playing, birthdays, holidays, family hugs). The lesson uses a "Gift of Time" box as a central prop to help students visualize "time" as a collection of precious, happy moments.

The core objective is to build an understanding that being healthy allows us to have and enjoy these moments. This creates the perfect context to introduce the "magical gift" of donation as the ultimate gift of all—the gift of more time for life's joys.



## Key Concepts & Language for Teachers

- **Making "Time" Concrete:** Young children understand time through events and routines. Use simple, familiar language.
  - **Say:** "Time is all the moments we have. Time for sleeping, time for eating, and lots of time for playing! We can think about time yesterday, time today, and time tomorrow." Use a simple calendar or timeline to visually support this.
  - **Link time to recurring events:** "Your birthday comes every year. That's a special time! Christmas is a special time. Summer is a fun time for swimming."
- **The "Gift of Time" Box:** This prop is key. Treat it like a treasure chest.
  - **Say:** "In this box, we are going to collect the most precious gifts of all—gifts of happy time! Each picture you draw of a happy moment is a treasure."
- **Connecting Health and Time:** Gently link the ability to enjoy activities with being healthy.
  - **Say:** "When our bodies are healthy and strong, we have lots of energy and time to run, jump, and play all our favourite games. Being healthy helps us enjoy all our happy times."
- **Connecting to the Bigger Idea:** Frame the "magical gift" as the ultimate gift of time.
  - **Say with a caring tone:** "Remember we learned that sometimes a person's body gets sick and they can't do their favourite things? They don't have enough time to play or have birthday parties. The most wonderful gift anyone can receive is the gift of more time. When a kind family makes the choice to share the 'magical gift,' they are giving someone more birthdays, more time to play with their friends, and more time for hugs with their family. It is the greatest gift of all."

## Safety and Sensitivity Considerations

- **Keep Time Simple:** Avoid complex discussions about the past or distant future. Keep all examples within the child's immediate frame of reference (e.g., "What do you want to play tomorrow?" not "What do you want to be when you grow up?").



- **Focus on Positive Emotions:** The lesson should evoke feelings of happiness, joy, and appreciation for fun activities. If a child expresses sadness (e.g., "I miss my grandma"), acknowledge the feeling and gently redirect: "It's lovely that you're thinking of a happy time with your grandma. That's a beautiful memory to treasure. What's another happy activity you like to do?"
- **The Gift, Not the Loss:** The focus must remain on what is gained—more time for happiness—not on the circumstances of donation. Continue to keep the source of the "magical gift" abstract and positive.

## Teacher Resources

- A large, brightly decorated box labelled "The Gift of Time."
- Small, pre-cut cards or slips of paper.
- A picture book about time or seasons (e.g., *Waiting* by Kevin Henkes).
- A simple visual timeline or calendar.
- Crayons and markers.

## Magical Body Facts for Little Learners (Ages 5–6)

- Helping Hearts, Sharing Lungs, and Kindness Inside Us All!

### 1. Our Bodies Are Magical

- Did you know our bodies are full of amazing parts that help us live, breathe, see, move, and grow?
- And guess what? When someone is really sick, these parts can sometimes be shared to help them feel better!

### ◦ 2. We Can Be Super Helpers

- Some people choose to be body helpers. That means after they've finished using their body, special parts like their heart, lungs, or eyes can be given to someone who needs them.
- It's one of the kindest things anyone can do!

### ◦ 3. One Person = Many Lives

- Just one super helper can save up to seven people!
- And some parts — like skin or eyes — can help even more. That's a LOT of kindness!





#### 4. Doctors Help It Happen Safely

- This only happens in special places like hospitals. Doctors and nurses make sure everything is safe and loving. Families help too — they say “yes” to helping others.



#### 5. Eyes, Skin, Bones, and More!

- Not just hearts and lungs — our eyes, skin, and bones can be shared too!
- Someone who can't see might be able to see again with new eyes. How magical is that?



#### 6. Australia Is Full of Kind People

- Lots of families in Australia say “yes” to sharing body parts.
- That means more people get to smile, run, play, and live their best lives — thanks to amazing body helpers.



#### 7. We Can Talk About It

- Even though we're little, we can still talk to our grown-ups about helping others.
- Maybe one day you'll grow up to be a helper too!



#### Kindness Grows When We Share

- Helping others is something we can ALL do.
- Even just talking about body gifts makes the world a better, braver place. ✨

