

# The Domino Effect of Kindness

(Year 6 - Ages 11-12):

## Lesson 1 of 9

Name: \_\_\_\_\_ Class: \_\_\_\_\_

### Student Worksheet

#### Activity 1: The Domino Effect (The Power of One Choice)

**Task:** We learned that one organ donor can save up to 7 lives, plus help many more people through tissue donation. Think about this amazing scale.

If one person can save 7 lives, how many lives could be saved if just 10 donors said yes?

Calculation: \_\_\_\_\_

Answer: \_\_\_\_\_

Imagine one life saved belongs to a teacher. List 3 groups of people that are helped just because that teacher can now go back to work: (eg The saved life (The Teacher): Gets their health back.)

Ripple 1: \_\_\_\_\_

Ripple 2: \_\_\_\_\_

Ripple 3: \_\_\_\_\_

In your own words, explain the "Domino Effect of Kindness" we discussed today:

\_\_\_\_\_

\_\_\_\_\_



# Student Worksheet

## Activity 2: Investigating the Facts

**Task:** Use the "Magical Body Facts" and the class discussion to answer these higher-level questions.

The Super-Filter System: Why is the fact that your kidneys filter your blood up to 60 times a day an amazing fact about your body's efficiency?

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The Rarity Fact: Organ donation is very rare—only about 2% of people who die in hospital can be donors. Why does knowing how rare it is make the donor's choice even more heroic and important?

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Organs vs. Tissues: If an organ donation is like giving a "machine" to save a life, what kind of life-changing help does a tissue donation (like bone or corneas) provide? (Hint: Think about walking, seeing, and healing.)

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# Student Worksheet

## Activity 3: The Family Conversation (Civics & Citizenship Link)

**Task:** The single most important part of donation is telling your family what you want. Use the facts provided to explain why the conversation is so important.

The Gap: In Australia, 8 out of 10 families say yes if they know the person wanted to be a donor, but only 4 out of 10 say yes if they don't know.

What is the main problem this gap causes?

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The Solution: As a Year 6 student, you won't register yet, but you can plan for the future. Imagine you are having this conversation with your family when you are older. Write down one clear, kind sentence you would use to explain your future wish:

My Future Conversation Starter:

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