

My Future Map

A Snapshot of My Goals, Dreams & Possibilities

Instructions:

Your Future Map is a picture of where you're heading in life – the things you hope to learn, do, experience, and become.

Fill in each section with drawings, words, symbols, or short statements.

This worksheet supports Lesson 4's concept of "quality of life" and helps students understand the idea of potential and "future time."

1. My Short-Term Future (0–2 Years)

What I want to do soon – things that matter to me right now.

- _____
- _____
- _____
- _____

Examples: join a sport, learn an instrument, get better at maths, make new friends, start a hobby.

2. My Medium-Term Future (3–5 Years)

What I hope to be doing by early high school.

- _____
- _____
- _____
- _____

Examples: join a school team, explore science, volunteer, learn coding, write a story, try new activities.



3. My Long-Term Future (5+ Years)

Dreams for teenage years and beyond.

- _____
- _____
- _____

Examples: career ideas, travel dreams, study plans, helping others, big personal goals.

4. Things That Matter Most to Me

The people, values, and activities that shape my life.

- _____
- _____
- _____

5. Things I Want to Experience One Day

- _____
- _____
- _____

6. My “Why”

- _____
- _____
- _____

