

# The Spokes-Hero Fact Sheet

## ★ 1. The Domino Effect

One act of kindness can help many people.

A single donor can save up to 7 lives through organ donation and help more than 100 people through tissue donation.

Kindness spreads far beyond one moment.

## ★ 2. The Gift of Time

Donation gives someone the chance to return to the things that make life meaningful – school, family, sports, connection, hobbies, and dreams.

It restores future time, not just health.

## ★ 3. The Ethical Pledge

The donation process can only begin when families know their loved one's wishes.

When families know, 8 out of 10 say yes.

When they don't know, only 4 out of 10 say yes.

Knowing = comfort.

Knowing = clarity.

Knowing = kindness.

## ★ 5. The Legacy Gift

The donor family experiences two emotions at once: sadness and comfort.

Honouring their loved one's pledge becomes a source of pride and meaning.

Their bravery creates a Legacy that lives on in others.

## ★ 6. The Organ & Tissue Pathways

Organ donation is a race against time, requiring speed and teamwork.

Tissue donation is a careful craftsmanship pathway, slow and precise.

Both require coordination, respect, and science.

## ★ 7. The Role of a Spokes-Hero

A Spokes-Hero:

- Shares facts, not opinions
- Uses kind, gentle language
- Chooses the right message for the right audience
- Honours the donor, the family, and the Gift of Time
- Encourages positive, supportive family conversations

Your voice can help build a kinder, better-informed community.

## ✓ OPTIONAL TEACHER NOTES

### Purpose of this sheet:

To help students choose accurate, positive, metaphoric facts for their Lesson 8 posters, digital flyers, or advocacy presentations.

### Tone reminder:

Spokes-Heroes share truth, respect, and kindness, not pressure or persuasion

