

# Sharing Our Kindness Stories

(Year 1 - Ages 6-7):

## Lesson 5 of 9

### Lesson Summary

This lesson empowers students to become "Kindness Ambassadors" by consolidating and preparing to share the key stories they have learned. Students will review the core concepts of the unit—from the ripple effect to the gift of more tomorrows—and choose the most important message they wish to share. They will then create a "Kindness Story Stone" (on a worksheet), a visual tool designed to help them remember and retell these positive stories to their families in a fun, gentle, and child-led way.

### Learning Intentions

Students will ....

- Recall the main ideas from our kindness lessons.
- Understand that sharing positive stories is an important way to be kind.
- Create a tool to help us share our kindness story with others.

### Success Criteria

Students can ....

- Name one important kindness story we have learned.
- Explain why it is good to share positive stories.
- Design a "Kindness Story Stone" that shows the story I want to share.

### Lesson Details

Time:	30 minutes
Year Level:	Year 1 (Ages 6-7)
Unit:	This is Lesson 5 of 9 in the series.
Educational Partner:	This lesson is adapted from resources provided by DonateLife

### General Capabilities

Personal and Social Capability, Literacy, Critical and Creative Thinking.



# Lesson Guides and Printables

## Lesson Plan

[Download PDF](#)

**The Gift of More Tomorrows**  
(Year 1 - Ages 6-7)  
Lesson 4 of 9

**Lesson Overview**

Lesson Title: The Gift of More Tomorrows  
Year Level: Year 1 (Ages 6-7)  
Lesson Duration: 30 minutes  
Key Focus Areas: Understanding kindness, helping, and the positive impact of our actions.

**Curriculum Links:** Australian Curriculum - Health and Physical Education (Foundation)

- ACBH12205: Identify and demonstrate protective behaviours and help-seeking strategies in a range of situations.
- ACIS18022: Distinguish between the past, present and future.
- ACBAVA202: Use materials, techniques and technologies to explore art making and represent ideas and experiences.

**Learning Intentions**

- Understand that time includes today and all of our "tomorrows."
- Identify happy activities and events we look forward to in the future.
- Recognise that the gift of donation gives people more tomorrows to enjoy.

**Success Criteria**

- Name something I am looking forward to doing "tomorrow" or in the future.
- Explain that being healthy helps us enjoy our future plans.
- Create a "Tomorrow's Wish" to represent a happy future moment.

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## Student Worksheet

[Download PDF](#)

**The Gift of More Tomorrows**  
(Year 1 - Ages 6-7)  
Lesson 4 of 9

Name: \_\_\_\_\_ Class: \_\_\_\_\_

**Student Worksheet**

Activity: What is your wish for tomorrow?

Task: In the crystal ball, draw a picture of a happy thing you are looking forward to, like a birthday, a holiday, or playing with a friend. This is your special wish for the future.

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## Teacher Content Info

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**The Gift of More Tomorrows**  
(Year 1 - Ages 6-7)  
Lesson 4 of 9

Name: \_\_\_\_\_ Class: \_\_\_\_\_

**Teacher Preparation**

**Introduction for Teachers**

This lesson builds on the Prep-level concept of "The Gift of Time" by introducing a slightly more advanced idea for Year 1 students: the future, framed as "The Gift of More Tomorrows." The goal is to help children understand time not just as a collection of past and present moments, but as a hopeful series of future events to look forward to. The lesson uses a "Wishing Well" as a central prop to make the abstract idea of future hopes and dreams a concrete, shared experience.

The core objective is to connect the idea of being healthy with the ability to experience these wished-for "tomorrows." This provides a powerful and emotionally resonant context for exploring the gift of donation as the ultimate act of kindness—giving someone who is sick the chance to have a future filled with their own happy tomorrows.

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# Curriculum Mapping and Links

## Australian Curriculum (v9.0)

Subject	Strand	Content Descriptor
Health and Physical Education	Personal, Social and Community Health	<a href="#">AC9HP2P02</a> : Describe how respect, empathy and compassion can be expressed to build positive relationships.
English	Literacy	<a href="#">AC9EILY06</a> : Create and edit short texts for familiar audiences, using text structure, sentence-level grammar, punctuation and word choice
The Arts (Visual Arts)	Creating	<a href="#">AC9AVA2C01</a> : Use materials, techniques and technologies to explore art making, and represent ideas and experiences.

## Queensland Curriculum (QCAA)

Subject	Syllabus	Content Description
Health and Physical Education	Year 1	Describe how respectful and empathetic behaviours build positive relationships.
English	Year 1	Create and edit texts for familiar purposes and audiences.
The Arts (Visual Arts)	Year 1	Use materials, techniques and technologies to make artworks that represent ideas.



## Resources Required

- A picture book about the power of words or stories (e.g., *The Word Collector* by Peter H. Reynolds).
- A large mind map on the whiteboard or butcher's paper titled "Our Kindness Stories."
- A worksheet for each student with a large, smooth stone outline.
- Smooth, flat stones (optional, for a follow-up craft activity).
- Crayons, markers, and coloured pencils.

## Skills

- Communication
- Recalling and Summarising (simple)
- Public speaking (practising with a partner)
- Creative expression

## Teacher Preparation

- Prepare the mind map for the brainstorm activity.
- Have the "story stone" worksheets ready.
- The purpose of this lesson is to empower students, not to pressure them. The "Kindness Story Stone" is a low-stakes, creative tool that allows the child to be in control of the conversation at home. It provides a natural, tangible starting point for them to share what they have learned if and when they feel comfortable.

## Additional Information

This lesson has been created as part of [Donate Buddies](#), a program designed to help young children explore kindness, sharing, and the importance of helping others. By introducing these concepts in a fun, age-appropriate, and engaging way, children begin to understand the power of kindness and how their actions can make a big difference.

Organ, eye, and tissue donation is a real-life example of this kindness, where one person can help save the lives of many others. While most people can donate tissue, only a small number of people who pass away in hospitals can become organ donors. One organ donor alone can save up to seven lives and help many more people through eye and tissue donation.

