

The Hero's Anthem

(Year 4 - Ages 9-10):

Lesson 9 of 9

Lesson Summary

This final lesson is a joyful celebration of the entire unit, adapting the "Music to Inspire Action" theme. Students become "Songwriters for Kindness," working together in a "Songwriting Workshop" to consolidate their learning. They will review all the key metaphors ("Helping Hero," "Treasure of Time," "Hero's Echo," "Hero's Pledge," "Helping Hero Team") and use them as "key words" to write a new, simple, and inspiring "Hero's Anthem" (set to a familiar tune). This lesson celebrates all the heroes in the donation story and empowers students to share the unit's positive messages through the magical and powerful "echo" of music.

Learning Intentions

Students will

- Reflect on and consolidate all the key themes and positive metaphors from the unit.
- Understand that music and art are powerful and joyful ways to share an important message.
- Collaborate as a class to create a "Hero's Anthem" that celebrates kindness and helping.
- Celebrate the "Hero's Pledge" of donation as a profound and inspiring act of kindness.

Success Criteria

Students can

- Share one key "hero word" or metaphor they have learned in this unit (e.g., "Echo," "Treasure").
- Contribute one line, idea, or key word to the collaborative "Hero's Anthem."
- Sing or perform the new class "Hero's Anthem" with enthusiasm.

Lesson Details

Time:	60 minutes
Year Level:	Year 4 (Ages 9-10)
Unit:	This is Lesson 9 of 9 in the series.
Educational Partner:	This lesson is adapted from resources provided by DonateLife

General Capabilities

Personal and Social Capability, Ethical Understanding, Critical and Creative Thinking, Literacy, Intercultural Understanding.



Lesson Guides and Printables

Lesson Plan

The Hero's Anthem (Year 4 - Ages 9-10) Lesson 9 of 9

Lesson Overview

Lesson Title: The Hero's Anthem
Year Level: Year 4 (Ages 9-10)
Lesson Duration: 60 minutes
Key Focus Area: Consolidation, reflection, creative expression, collaboration, and celebration.
Curriculum Links: Australian Curriculum - Health and Physical Education (Foundation)

- AC:PEPFC01** Investigate and apply behaviours that contribute to their own and others' health, safety, relationships and wellbeing.
- AC:ELCUP01** Plan, create, edit and publish, imaginative, informative and persuasive texts, using text structures, language features, and visual features to suit the purpose and audience.
- AC:MMAC01** Create and perform music, using the elements of music, composition devices and text, to share ideas, experiences and emotions.
- AC:MMAC02** Explore, improvise and craft movement ideas to communicate meaning (Optional extension for performance).

Learning Intentions

- Reflect on and consolidate all the key themes and positive metaphors from the unit.
- Understand that music and art are powerful and joyful ways to share an important message.
- Collaborate as a class to create a 'hero's anthem' that celebrates kindness and helping.
- Celebrate the 'Hero's Pledge' of donation as a profound and inspiring act of kindness.

Success Criteria

- Share one key 'hero word' or metaphor they have learned in this unit (e.g. 'Echo', 'Treasure').
- Contribute one line, idea, or key word to the collaborative 'Hero's Anthem'.
- Sing or perform the new class 'hero's anthem' with enthusiasm.

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Student Worksheet

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Name: _____ Class: _____

Student Worksheet

Activity 1: My 'Kindness Note'

Task: We are about to become 'songwriters for kindness'. Our 'Hero's Anthem' will be built from all the amazing 'hero words' we've learned.

Think about our lessons (Heroes, Treasures, Time, Echo, Pledge, Team, Story). What is the most important word or idea you think should be in our song?

Write your 'Kindness Note' in the musical note below. It could be a key word (like 'Echo', 'Time', 'Hero') or a short phrase (like 'Share your wish', 'A new game').



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Teacher Content Info

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Name: _____ Class: _____

Teacher Preparation

Introduction for Teachers

This final lesson is a joyful celebration and consolidation of the entire unit. It adapts the senior curriculum's theme, 'Make It Better Again', into a fun, collaborative and creative 'Songwriting Workshop'. The goal is for students to reflect on their entire learning journey—from 'helping heroes' to 'The Hero's Story'—and synthesise all the positive metaphors into a single, memorable 'Hero's Anthem'.

The core objective is to empower students to see themselves as true 'Kindness Ambassadors' with a powerful, positive message to share. By creating a song, they use the 'Hero's Echo' in the most magical way, transforming all the facts and stories they've learned into a powerful piece of art that can be shared to inspire others.

Teacher Resources

- Key Word Wall:** All the key metaphor concepts from the unit written on large cards (e.g. Hero, Spore Part, Team, Treasure, Title, Echo, Pledge, Story, Kindness).
- A large whiteboard or butcher's paper titled "Our Hero's Anthem Songwriting Workshop".
- Student Worksheet:** "My Kindness Note" (worksheet shaped like a musical note for transcription).
- A familiar, simple tune (e.g. "Twinkle, Twinkle, Little Star" or "Row, Row, Row Your Boat").
- Optional simple percussion instruments (shakers, tambourines, etc.).

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Curriculum Mapping and Links

Australian Curriculum (v9.0)

Subject	Strand	Content Descriptor
Health and Physical Education	Personal, Social and Community Health	<u>AC9HP4P06</u> : Investigate and apply behaviours that contribute to their own and others' health, safety, relationships and wellbeing.
English	Literacy	<u>AC9E4LY06</u> : Plan, create, edit and publish... imaginative, informative and persuasive texts... using text structures, language features, and visual features to suit the purpose and audience.
The Arts (Music) The Arts (Dance)	Knowledge and Understanding and Creating	<u>AC9AMU4C01</u> : Create and perform music, using the elements of music, composition devices and text... to share ideas, experiences and emotions. <u>AC9ADA4C01</u> : Explore, improvise and craft movement ideas to communicate meaning. (Optional extension for performance).

Queensland Curriculum (QCAA)

Subject	Syllabus	Content Description
Health and Physical Education	Year 4	Describe and apply strategies that promote their own and others' health, safety, and wellbeing.
English	Year 4	Create written and multimodal imaginative, informative, and persuasive texts, selecting and using text structures, language, and visual features to suit the purpose and audience.
The Arts (Music)	Year 4	Create and perform music to communicate ideas and intentions to an audience.



Resources Required

- A large whiteboard or butcher's paper titled: "Our Hero's Anthem: Songwriting Workshop."
- "Key Word Wall": All the key metaphor concepts from the unit written on large cards (e.g., Hero, Spare Part, Team, Treasure, Time, Echo, Pledge, Story, Kindness).
- Student Worksheet: "My Kindness Note" (a worksheet shaped like a large musical note).
- Markers and coloured pencils.
- Simple percussion instruments (optional, for the final performance).
- Celebratory, upbeat music for the conclusion.

Skills

- Reflection
- Consolidation / Synthesis
- Collaboration / Teamwork
- Literacy (Poetry, Songwriting)
- Creative Expression
- Public Performance (informal)

Teacher Preparation

- Create the "Key Word Wall" cards and display them prominently.
- Prepare the "My Kindness Note" worksheets.
- Choose a very simple, familiar tune (e.g., "Twinkle, Twinkle, Little Star" or "Row, Row, Row Your Boat").
- The core of this lesson is celebration. It adapts the 16+ "Music to Inspire Action" theme by making the "action" a joyful, collaborative performance of all the positive messages they have learned. This is the grand finale.

Additional Information

This lesson has been created as part of Donate Buddies, a program designed to help young children explore kindness, sharing, and the importance of helping others. By introducing these concepts in a fun, age-appropriate, and engaging way, children begin to understand the power of kindness and how their actions can make a big difference.

Organ, eye, and tissue donation is a real-life example of this kindness, where one person can help save the lives of many others. While most people can donate tissue, only a small number of people who pass away in hospitals can become organ donors. One organ donor alone can save up to seven lives and help many more people through eye and tissue donation.

