

Our Kindness Celebration: A Superhero Song

(Prep - Ages 5-6):

Lesson 9 of 9

Lesson Summary

This final, celebratory lesson brings together all the key concepts of the unit in a joyful and memorable way. Students will review their journey as "Kindness Superheroes" and learn a special song that reinforces the core messages of helping, kindness, and the "magical gift." To celebrate completing their "superhero training," they will create their very own "Kindness Superhero Medal" to wear proudly.

Learning Intentions

Students will

- Remember and celebrate all the ways we can be a Kindness Superhero.
- Learn and sing a song about helping others.
- Create a special medal to show we are part of the Kindness Superhero team.

Success Criteria

Students can

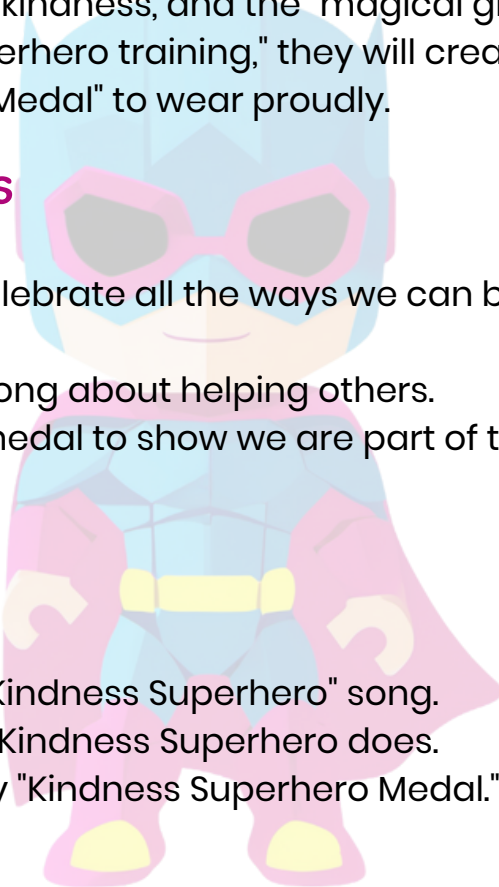
- Sing some of the "Kindness Superhero" song.
- Name one thing a Kindness Superhero does.
- Make and wear my "Kindness Superhero Medal."

Lesson Details

Time:	30 minutes
Year Level:	Foundation / Prep (Ages 5-6)
Unit:	This is Lesson 9 of 9 in the series.
Educational Partner:	This lesson is adapted from resources provided by DonateLife

General Capabilities

Personal and Social Capability, Critical and Creative Thinking.



Lesson Guides and Printables

Lesson Plan

[Download PDF](#)

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Lesson Overview

Lesson Title: Our Kindness Celebration: A Superhero Song
Year Level: Prep (Ages 5-6)
Lesson Duration: 30 minutes
Key Focus Areas: Understanding kindness, sharing, and helping others

Curriculum Links: Australian Curriculum - Health and Physical Education (Foundation)

- **ACHPEP02:** Practise personal and social skills to interact with others with care, empathy and respect.
- **ACHSME020:** Sing and play instruments to create and perform music.
- **ACVAME02:** Use and experiment with different materials, techniques, technologies and processes to make artworks.

Learning Intentions

- Remember and celebrate all the ways we can be a Kindness Superhero.
- Learn and sing a song about helping others.
- Create a special medal to show we are part of the Kindness Superhero team.

Success Criteria

- Sing some of the 'Kindness Superhero' song.
- Name one thing a Kindness Superhero does.
- Make and wear my 'Kindness Superhero Medal'.

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Student Worksheet

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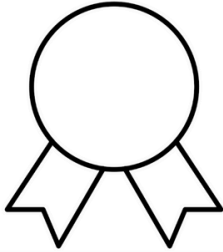
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Name: _____ Class: _____

Student Worksheet

Activity: Create your medal!

Task: You've completed your superhero training! Decorate your medal with shiny, sparkly colours and stickers to show everyone you are an official Kindness Superhero.



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Teacher Content Info

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Name: _____ Class: _____

Teacher Preparation

Introduction for Teachers

This final lesson is a joyful celebration of the entire learning journey. The theme for older students, "Music to Inspire Action," is adapted here into a fun, musical culmination. The goal is to consolidate all the positive messages from the unit into a simple, memorable song and a craft activity that allows students to celebrate their new status as "Kindness Superheroes."

The lesson should feel like a graduation or a superhero award ceremony. It is a time for praise, positive reinforcement, and celebration. The "Kindness Superhero Song" serves as a powerful mnemonic device to help students remember the core concepts, and the "Kindness Superhero Medal" is a tangible symbol of their learning and their capacity for kindness.

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Curriculum Mapping and Links

Australian Curriculum (v9.0)

Subject	Strand	Content Descriptor
Health and Physical Education	Personal, Social and Community Health	AC9HPFP02 : Practise personal and social skills to interact with others with care, empathy and respect.
The Arts (Music)	Creating and Making	AC9AMU201 : Sing and play instruments to create and perform music.
The Arts (Visual Arts)	Creating	ACAVAM107 : Use and experiment with different materials, techniques, technologies and processes to make artworks.

Queensland Curriculum (QCAA)

Subject	Syllabus	Content Description
Health and Physical Education	Foundation	Explore how to interact with others with care, empathy and respect.
The Arts (Music)	Foundation	Share music ideas and perform music to communicate meaning to an audience.
The Arts (Visual Arts)	Foundation	Experiment with and use art elements, principles, materials, technologies and processes.



Resources Required

- A large chart with the lyrics and simple picture icons for the "Kindness Superhero" song.
- An upbeat, simple backing track or a small instrument (like a ukulele or guitar) to accompany the song.
- Pre-cut cardboard circles (for the medals).
- Ribbon or yarn for the medal necklaces.
- "Special" craft supplies for the medals: gold and silver glitter, shiny stickers, foil paper.
- Glue sticks and markers.

Skills

- Memory and Recall
- Singing and Rhythm
- Fine motor skills
- Self-esteem and Pride

Teacher Preparation

- Prepare the song chart with lyrics and picture cues.
- Have the medal craft supplies (circles, ribbons, decorations) ready.
- This final lesson is a celebration. The tone should be joyful, proud, and full of positive reinforcement. It's a chance to praise the students for their wonderful journey of learning about kindness and to leave them with a lasting, happy memory of the unit.

Additional Information

This lesson has been created as part of [Donate Buddies](https://www.donatebuddies.com.au), a program designed to help young children explore kindness, sharing, and the importance of helping others. By introducing these concepts in a fun, age-appropriate, and engaging way, children begin to understand the power of kindness and how their actions can make a big difference.

Organ, eye, and tissue donation is a real-life example of this kindness, where one person can help save the lives of many others. While most people can donate tissue, only a small number of people who pass away in hospitals can become organ donors. One organ donor alone can save up to seven lives and help many more people through eye and tissue donation.

