

The Helping Hero Team

(Year 4 - Ages 9-10):

Lesson 3 of 9

Lesson Summary

This lesson builds on the "Helping Heroes" and "Repair Shop" metaphors by exploring the incredible teamwork required to give the "spare part" gift. Students will discover that this act of kindness is like an amazing "team relay," involving many different people with special jobs. They will learn about the roles of the Donor Family (the first heroes), the Coordinators (the "team managers"), and the "Super-Mechanics" (the surgeons). Through a fun, team-based "Relay Chain" activity, students will map out how these heroes work together, celebrating donation as a powerful, real-life example of collaboration and science helping people.

Learning Intentions

Students will

- Understand that helping someone through donation is a team effort.
- Identify the different roles people play in the "Helping Hero Team" (e.g., donor family, doctors, recipient).
- Recognise that this teamwork is a real-life example of science and kindness working together.

Success Criteria

Students can

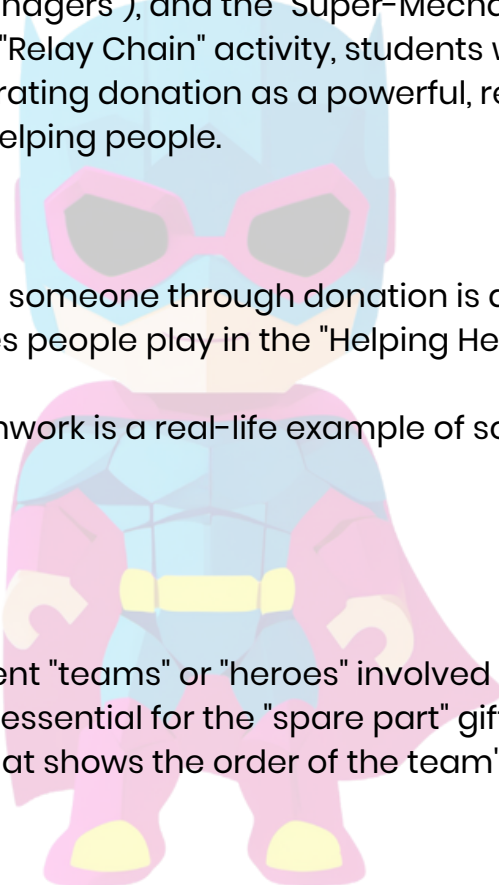
- Name at least two different "teams" or "heroes" involved in the gift of donation.
- Explain why teamwork is essential for the "spare part" gift to happen.
- Create a "Relay Chain" that shows the order of the team's actions.

Lesson Details

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|----------------------|--|
| Time: | 60 minutes |
| Year Level: | Year 4 (Ages 9-10) |
| Unit: | This is Lesson 3 of 9 in the series. |
| Educational Partner: | This lesson is adapted from resources provided by DonateLife |

General Capabilities

Personal and Social Capability, Ethical Understanding, Critical and Creative Thinking.



Lesson Guides and Printables

Lesson Plan

The Helping Hero Team

(Year 4 - Ages 9-10)
Lesson 3 of 9

Lesson Overview

Lesson Title: The Helping Hero Team
Year Level: Year 4 (Ages 9-10)
Lesson Duration: 60 minutes
Key Focus Areas: Understanding donation as a process of teamwork, kindness, and scientific collaboration.
Curriculum Links: Australian Curriculum - Health and Physical Education (Foundation)

- **AC:PEP02** Analyse how behaviours and actions influence the connections and relationships people have with others.
- **AC:PEP03** Describe and apply problem-solving and help-seeking strategies in a range of situations.
- **AC:PEP04** The diversity of cultural, religious, and/or social groups in the local community and the importance of cooperation.
- **AC:PEP05** Investigate a problem and different ways of solving it through design and technologies.

Learning Intentions

- Understand that helping someone through donation is a team effort.
- Identify the different roles people play in the "Helping Hero Team" (e.g. donor, family, doctor, recipient).
- Recognise that this teamwork is a real-life example of science and kindness working together.

Success Criteria

- Name of local two different "teams" or "heroes" involved in the gift of donation.
- Explain why teamwork is essential for the "spare part" gift to happen.
- Create a "Relay Chain" that shows the order of the team's actions.

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Student Worksheet

The Helping Hero Team

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Name: _____ Class: _____

Student Worksheet

Activity: The Helping Hero Relay Chain

Task: You are part of an amazing "Helping Hero Team"! Your mission is to show how the "spare part" gift is passed along like a baton in a relay race.

Use your group's "Hero Team Role Card" to help you. In each box, write or draw what that team member does to pass the gift to the next hero.

THE RELAY BEGINS!

| | |
|--|---|
| 1. The First Hero (The Donor Family) what is their job? They make the brain, kind and living choice to give the "spare part" gift. | 2. The Team Manager (The Coordinator) what is their job? Write or draw what this team does. |
|--|---|

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Teacher Content Info

The Helping Hero Team

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Lesson 3 of 9

Name: _____ Class: _____

Teacher Preparation

Introduction for Teachers

This lesson adapts the complex, scientific theme of "The Future of Transplantation" into an active and collaborative concept for Year 4 students. The "Helping Hero Team" goal is to demystify the process of donation by reframing it as a "team relay" rather than a medical procedure. By focusing on the different, equally heroic roles, students can appreciate the incredible teamwork and collaboration that makes this gift possible.

The core objective is to build an understanding that donation is a wonderful example of science and kindness working together. This lesson moves the focus from the "what" (the "spare part" in Lesson 1) to the "how" by celebrating the amazing, coordinated effort of many caring people.

Teacher Resources

- A prep "Relay Baton" (e.g. a decorated paper towel tube).
- Resource: "Hero Team Role Cards" (for the group activity).
- Student Worksheet: "The Helping Hero Relay Chain".
- Butcher's paper and markers for group work.

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Curriculum Mapping and Links

Australian Curriculum (v9.0)

| Subject | Strand | Content Descriptor |
|-------------------------------|---------------------------------------|--|
| Health and Physical Education | Personal, Social and Community Health | <p>AC9HP4P02: Analyse how behaviours and actions influence the connections and relationships people have with others.</p> <p>AC9HP4P05: Describe and apply problem-solving and help-seeking strategies in a range of situations.</p> |
| HASS (Civics and Citizenship) | Knowledge and Understanding | <p>AC9HS4K08: The diversity of cultural, religious, and/or social groups in the local community and the importance of cooperation.</p> |
| Design and Technologies | Processes and Production Skills | <p>AC9TDE4P01: Investigate a problem and different ways of solving it through design and technologies.</p> |

Queensland Curriculum (QCAA)

| Subject | Syllabus | Content Description |
|-------------------------------|----------|---|
| Health and Physical Education | Year 4 | Describe and apply strategies that promote their own and others' health, safety, and wellbeing (e.g., collaboration). |
| HASS | Year 4 | The importance of cooperation and adherence to rules in communities. |
| Design and Technologies | Year 4 | Investigate processes and production skills for a design solution. |



Resources Required

- A prop "Relay Baton" (e.g., a decorated paper towel tube) to introduce the "relay" metaphor.
- Resource: "Hero Team Role Cards" (cut-out cards for groups, e.g., "The First Heroes: The Donor Family," "The Team Managers: The Coordinators," "The Super-Mechanics: The Doctors," "The Heroic Recipient").
- Student Worksheet: "The Helping Hero Relay Chain" (a worksheet with blank boxes and arrows for students to map the process).
- Butcher's paper and markers for group work.

Skills

- Teamwork / Collaboration
- Systems Thinking (understanding a process)
- Problem-solving
- Empathy
- Communication

Teacher Preparation

- Prepare the "Relay Baton" prop and print/create the "Hero Team Role Cards" for the group activity.
- The core of this lesson is translating the complex scientific process (from the 16+ curriculum's "Future of Transplantation" theme) into a fun, tangible "team relay." The goal is to demystify the "how" of donation.
- This lesson focuses entirely on the positive, collaborative process. It reframes a complex medical event as a powerful story of teamwork, where different heroes work together to pass on a gift of kindness and life.

Additional Information

This lesson has been created as part of Donate Buddies, a program designed to help young children explore kindness, sharing, and the importance of helping others. By introducing these concepts in a fun, age-appropriate, and engaging way, children begin to understand the power of kindness and how their actions can make a big difference.

Organ, eye, and tissue donation is a real-life example of this kindness, where one person can help save the lives of many others. While most people can donate tissue, only a small number of people who pass away in hospitals can become organ donors. One organ donor alone can save up to seven lives and help many more people through eye and tissue donation.

