

# Our Caring Circles

(Year 1 - Ages 6-7):

## Lesson 2 of 9

### Lesson Summary

This lesson builds on the "ripple effect" by exploring the different groups, or "Caring Circles," that students belong to, such as family, class, and friend groups. Students will identify the special ways people in these circles care for and support one another. Through a creative art activity, they will represent their personal "Caring Circles" and understand how these groups connect to form a wider community of kindness, linking this to the idea of one family circle helping another through the gift of donation.

### Learning Intentions

Students will .....

- Identify the different groups or "circles" we belong to.
- Describe the caring actions that happen within these groups.
- Understand that our different caring circles can connect and help each other.

### Success Criteria

Students can .....

- Name two "Caring Circles" that I am a part of.
- Give an example of how people in one of my circles care for each other.
- Create a drawing that shows my different "Caring Circles."

### Lesson Details

Time:	30 minutes
Year Level:	Year 1 (Ages 6-7)
Unit:	This is Lesson 2 of 9 in the series.
Educational Partner:	This lesson is adapted from resources provided by DonateLife

### General Capabilities

Personal and Social Capability, Ethical Understanding, Intercultural Understanding.

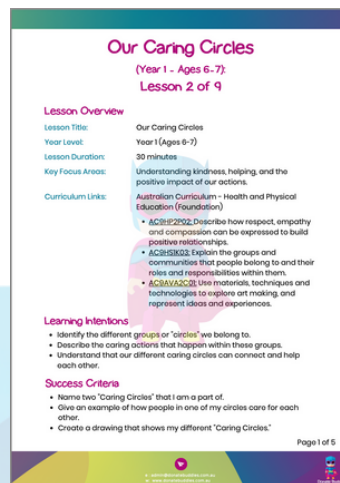
Page 1 of 4



# Lesson Guides and Printables

## Lesson Plan

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**Our Caring Circles**  
(Year 1 - Ages 6-7)  
Lesson 2 of 9

**Lesson Overview**

Lesson Title: Our Caring Circles  
Year Level: Year 1 (Ages 6-7)  
Lesson Duration: 30 minutes  
Key Focus Areas: Understanding kindness, helping, and the positive impact of our actions.  
Curriculum Links: Australian Curriculum - Health and Physical Education (Foundation)  
• ACHEP202: Describe how respect, empathy and compassion can be expressed to build positive relationships.  
• ACHEP203: Explain the groups and communities that people belong to and their roles and responsibilities within them.  
• ACMAU203: Use materials, techniques and technologies to explore art making, and represent ideas and experiences.

**Learning Intentions**

- Identify the different groups or "circles" we belong to.
- Describe the caring actions that happen within these groups.
- Understand that our different caring circles can connect and help each other.

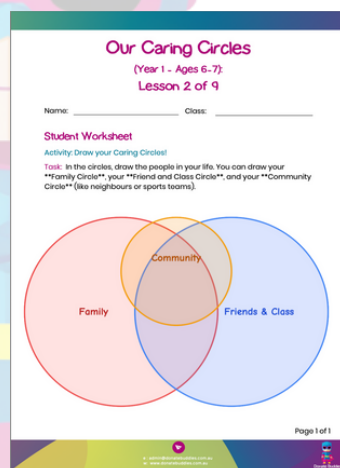
**Success Criteria**

- Name two "Caring Circles" that I am a part of.
- Give an example of how people in one of my circles care for each other.
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Page 1 of 5

## Student Worksheet

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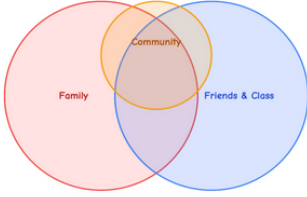
**Our Caring Circles**  
(Year 1 - Ages 6-7)  
Lesson 2 of 9

Name: \_\_\_\_\_ Class: \_\_\_\_\_

**Student Worksheet**

Activity: Draw your Caring Circles!

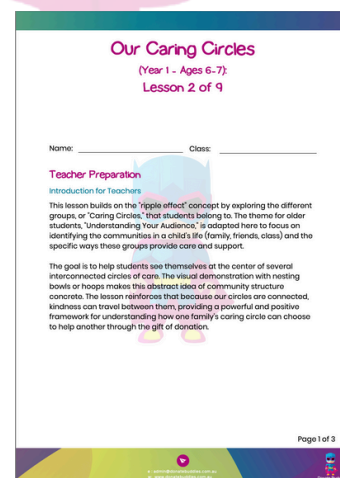
Task: In the circles, draw the people in your life. You can draw your "Family Circle", your "Friend and Class Circle", and your "Community Circle" (like neighbours or sports teams).



Page 1 of 1

## Teacher Content Info

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Lesson 2 of 9

Name: \_\_\_\_\_ Class: \_\_\_\_\_

**Teacher Preparation**

Introduction for Teachers

This lesson builds on the "ripple effect" concept by exploring the different groups, or "Caring Circles," that students belong to. The theme for older students, "Understanding Your Audience," is adapted here to focus on identifying the communities in a child's life (family, friends, class) and the specific ways these groups provide care and support.

The goal is to help students see themselves at the center of several interconnected circles of care. The visual demonstration with nesting bowls or hoops makes this abstract idea of community structure concrete. The lesson reinforces that because our circles are connected, kindness can travel between them, providing a powerful and positive framework for understanding how one family's caring circle can choose to help another through the gift of donation.

Page 1 of 3



# Curriculum Mapping and Links

## Australian Curriculum (v9.0)

Subject	Strand	Content Descriptor
Health and Physical Education	Personal, Social and Community Health	<a href="#">AC9HP2P02</a> : Describe how respect, empathy and compassion can be expressed to build positive relationships.
Humanities and Social Sciences	Civics and Citizenship	<a href="#">AC9HS1K03</a> : Explain the groups and communities that people belong to and their roles and responsibilities within them.
The Arts (Visual Arts)	Creating	<a href="#">AC9AVA2C01</a> : Use materials, techniques and technologies to explore art making, and represent ideas and experiences.

## Queensland Curriculum (QCAA)

Subject	Syllabus	Content Description
Health and Physical Education	Year 1	Describe how respectful and empathetic behaviours build positive relationships.
HASS	Year 1	Recognise that people belong to different groups and communities.
The Arts (Visual Arts)	Year 1	Use materials, techniques and technologies to make artworks that represent ideas.



## Resources Required

- A set of nesting bowls or concentric hoops to visually demonstrate the "Caring Circles."
- A picture book about different types of families or community groups (e.g., *The Family Book* by Todd Parr or *Whoever You Are* by Mem Fox).
- A worksheet with three large, overlapping circles printed on it.
- Crayons, markers, and coloured pencils.

## Skills

- Communication
- Collaboration
- Community awareness
- Self-reflection
- Visual representation

## Teacher Preparation

- Have the nesting bowls/hoops ready for the demonstration.
- Prepare the "Caring Circles" worksheets.
- This lesson deepens the understanding of community. The overlapping circles in the craft represent how our different groups are connected. This provides a clear visual metaphor for how the wider community is interconnected, and how one family's "caring circle" can extend to help another through the profound act of donation.

## Additional Information

This lesson has been created as part of Donate Buddies, a program designed to help young children explore kindness, sharing, and the importance of helping others. By introducing these concepts in a fun, age-appropriate, and engaging way, children begin to understand the power of kindness and how their actions can make a big difference.

Organ, eye, and tissue donation is a real-life example of this kindness, where one person can help save the lives of many others. While most people can donate tissue, only a small number of people who pass away in hospitals can become organ donors. One organ donor alone can save up to seven lives and help many more people through eye and tissue donation.

