

A Thank You for the Kindness

(Year 1 - Ages 6-7):

Lesson 7 of 9

Lesson Summary

This gentle and reflective lesson provides an opportunity for students to consolidate their learning and express gratitude for the entire "ripple of kindness" involved in donation. Students will discuss the importance of saying "thank you" and will recap the key figures and actions in the donation story. The main activity is creating a beautiful "Thank You" card, not for a specific person, but as a symbolic gesture of appreciation for everyone involved in this ultimate act of kindness.

Learning Intentions

Students will

- Understand that saying "thank you" is an important way to show appreciation.
- Recall the different people and kind choices in the story of the gift of life.
- Express our feeling of gratitude through a creative card.

Success Criteria

Students can

- Explain that we say "thank you" when someone is kind.
- Name one part of the donation story that I am thankful for.
- Create a "Thank You for the Kindness" card to add to our class display.

Lesson Details

Time:	30 minutes
Year Level:	Year 1 (Ages 6-7)
Unit:	This is Lesson 7 of 9 in the series.
Educational Partner:	This lesson is adapted from resources provided by DonateLife

General Capabilities

Personal and Social Capability, Literacy, Ethical Understanding.



Lesson Guides and Printables

Lesson Plan

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Lesson Overview

Lesson Title: A Thank You for the Kindness
Year Level: Year 1 (Ages 6-7)
Lesson Duration: 30 minutes
Key Focus Areas: Understanding kindness, helping, and the positive impact of our actions.
Curriculum Links: Australian Curriculum - Health and Physical Education (Foundation)
• ACSSU2292 Describe how respect, empathy and compassion can be expressed to build positive relationships.
• ACELYV8: Create and edit short texts for familiar audiences, using text structure, sentence-level grammar, punctuation and word choice.
• ACMAV4022 Use materials, techniques and technologies to explore art making and represent ideas and experiences.

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Student Worksheet

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Name: _____ Class: _____

Student Worksheet

Activity: Make a 'Thank You' Card

Task: Print this page and fold it in the middle to make your 'Thank You' card. Draw a picture to say a big 'thank you' for the magical gift of kindness.

My Thank You Picture
Draw a picture to say a big 'thank you' for the whole story of kindness.

Thank You for the Kindness!
From a Kindness Superhero:

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Teacher Content Info

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Lesson 7 of 9

Name: _____ Class: _____

Teacher Preparation

Introduction for Teachers

This lesson serves as a gentle and heartfelt culmination of the core themes explored throughout the Year 1 unit. While the theme for older students is a self-directed creative writing task, this adaptation focuses on the simple yet powerful emotion of gratitude. The primary goal is for students to reflect on the entire 'Hippo of Kindness' story they have learned and to express their appreciation through a creative and symbolic act.

The main activity is creating a 'Thank You' card. It is crucial to frame this as a symbolic gesture. The card is not for a specific individual but is a way of sending a collective 'thank you' out into the world to everyone involved in the story of helping—the families who make the kind choice, the 'super-mechanic' doctors and nurses, and the community that supports them. The lesson culminates in creating a class 'Kindness Wall' to celebrate this shared feeling of gratitude.

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Curriculum Mapping and Links

Australian Curriculum (v9.0)

Subject	Strand	Content Descriptor
Health and Physical Education	Personal, Social and Community Health	AC9HP2P02 : Describe how respect, empathy and compassion can be expressed to build positive relationships.
English	Literacy	AC9EILY06 : Create and edit short texts for familiar audiences, using text structure, sentence-level grammar, punctuation and word choice.
The Arts (Visual Arts)	Creating	AC9AVA2C01 : Use materials, techniques and technologies to explore art making, and represent ideas and experiences.

Queensland Curriculum (QCAA)

Subject	Syllabus	Content Description
Health and Physical Education	Year 1	Describe how respectful and empathetic behaviours build positive relationships.
English	Year 1	Create and edit texts for familiar purposes and audiences.
The Arts (Visual Arts)	Year 1	Use materials, techniques and technologies to make artworks that represent ideas.



Resources Required

- A picture book about gratitude or saying thank you (e.g., An Awesome Book of Thanks! by Dallas Clayton).
- A large "Wall of Kindness" banner or display area in the classroom.
- A pre-folded A4 card for each student.
- A variety of special and colourful craft supplies (glitter, stickers, coloured paper shapes, etc.).
- Crayons and markers.

Skills

- Gratitude
- Empathy
- Recalling and Synthesising
- Creative expression
- Communication

Teacher Preparation

- Prepare the "Kindness Wall" display area.
- Have the folded cards and special craft supplies ready for the students.
- This lesson is a culminating activity for the core concepts. It's important to frame the "Thank You" card as a symbolic act. The students are not thanking one person, but rather the entire idea of kindness and all the people who are part of the donation story (the family who says yes, the doctors, etc.). This keeps the concept positive and abstract.

Additional Information

This lesson has been created as part of Donate Buddies, a program designed to help young children explore kindness, sharing, and the importance of helping others. By introducing these concepts in a fun, age-appropriate, and engaging way, children begin to understand the power of kindness and how their actions can make a big difference.

Organ, eye, and tissue donation is a real-life example of this kindness, where one person can help save the lives of many others. While most people can donate tissue, only a small number of people who pass away in hospitals can become organ donors. One organ donor alone can save up to seven lives and help many more people through eye and tissue donation.

