

The Gift of More Tomorrows

(Year 1 - Ages 6-7):

Lesson 4 of 9

Lesson Summary

This lesson explores the concept of time by focusing on the future, or "our tomorrows." Students will discuss happy events and activities they look forward to, understanding that being healthy gives us the gift of experiencing these future moments. Through a creative "wishing well" activity, they will learn that the ultimate gift of kindness—organ and tissue donation—is what gives people who are sick the chance for more happy "tomorrows" with their loved ones.

Learning Intentions

Students will

- Understand that time includes today and all of our "tomorrows."
- Identify happy activities and events we look forward to in the future.
- Recognise that the gift of donation gives people more tomorrows to enjoy.

Success Criteria

Students can

- Name something I am looking forward to doing "tomorrow" or in the future.
- Explain that being healthy helps us enjoy our future plans.
- Create a "Tomorrow's Wish" to represent a happy future moment.

Lesson Details

Time:	30 minutes
Year Level:	Year 1 (Ages 6-7)
Unit:	This is Lesson 4 of 9 in the series.
Educational Partner:	This lesson is adapted from resources provided by DonateLife

General Capabilities

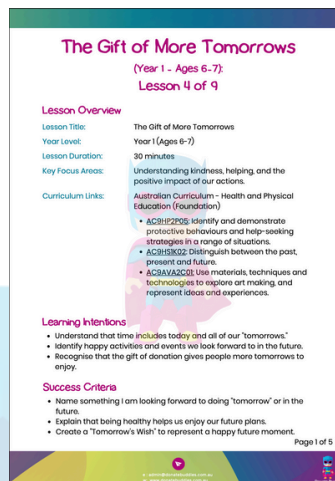
Personal and Social Capability, Critical and Creative Thinking, Numeracy.



Lesson Guides and Printables

Lesson Plan

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The Gift of More Tomorrows
(Year 1 - Ages 6-7)
Lesson 4 of 9

Lesson Overview

Lesson Title: The Gift of More Tomorrows
Year Level: Year 1 (Ages 6-7)
Lesson Duration: 30 minutes
Key Focus Areas: Understanding kindness, helping, and the positive impact of our actions.
Curriculum Links: Australian Curriculum - Health and Physical Education (Foundation)
• ACHEP2205: Identify and demonstrate protective behaviours and help-seeking strategies in a range of situations.
• ACHEP2022: Distinguish between the past, present and future.
• ACBAVA2021: Use materials, techniques and technologies to explore art making, and represent ideas and experiences.

Learning Intentions

- Understand that time includes today and all of our "tomorrows."
- Identify happy activities and events we look forward to in the future.
- Recognise that the gift of donation gives people more tomorrows to enjoy.

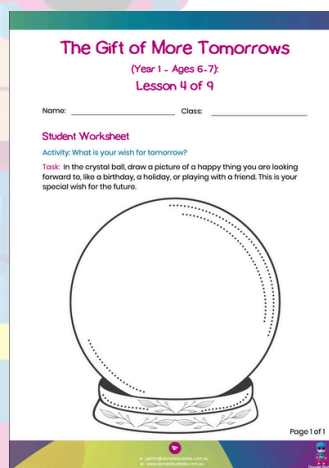
Success Criteria

- Name something I am looking forward to doing "tomorrow" or in the future.
- Explain that being healthy helps us enjoy our future plans.
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Student Worksheet

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Name: _____ Class: _____

Student Worksheet

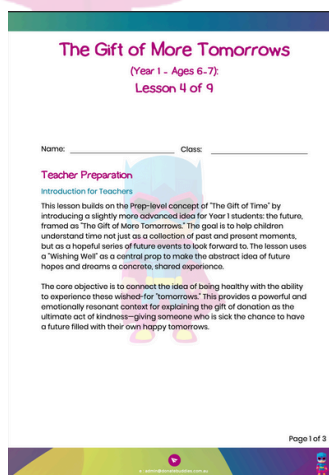
Activity: What is your wish for tomorrow?

Task: In the crystal ball, draw a picture of a happy thing you are looking forward to, like a birthday, a holiday, or playing with a friend. This is your special wish for the future.

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Teacher Content Info

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Name: _____ Class: _____

Teacher Preparation

Introduction for Teachers

This lesson builds on the Prep-level concept of "The Gift of Time" by introducing a slightly more advanced idea for Year 1 students: the future, framed as "The Gift of More Tomorrows." The goal is to help children understand time not just as a collection of past and present moments, but as a hopeful series of future events to look forward to. The lesson uses a "Wishing Well" as a central prop to make the abstract idea of future hopes and dreams a concrete, shared experience.

The core objective is to connect the idea of being healthy with the ability to experience these wishes for "tomorrows." This provides a powerful and emotionally resonant context for explaining the gift of donation as the ultimate act of kindness—giving someone who is sick the chance to have a future filled with their own happy tomorrows.

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Curriculum Mapping and Links

Australian Curriculum (v9.0)

Subject	Strand	Content Descriptor
Health and Physical Education	Personal, Social and Community Health	AC9HP2P05 : Identify and demonstrate protective behaviours and help-seeking strategies in a range of situations.
Humanities and Social Sciences	History	AC9HS1K02 : Distinguish between the past, present and future.
The Arts (Visual Arts)	Creating	AC9AVA2C01 : Use materials, techniques and technologies to explore art making, and represent ideas and experiences.

Queensland Curriculum (QCAA)

Subject	Syllabus	Content Description
Health and Physical Education	Year 1	Identify people and actions that help them stay safe and healthy.
HASS	Year 1	Distinguish between the past, present and future.
The Arts (Visual Arts)	Year 1	Use materials, techniques and technologies to make artworks that represent ideas.



Resources Required

- A large classroom calendar.
- A decorated box or small tub to act as a "Wishing Well."
- A picture book about looking forward to a future event (e.g., *Waiting Is Not Easy!* by Mo Willems).
- A worksheet for each student with a large "crystal ball" or "looking glass" outline.
- Crayons, markers, and glitter.

Skills

- Future thinking
- Planning and sequencing (simple)
- Empathy
- Communication

Teacher Preparation

- Prepare the "Wishing Well" box.
- Have the "crystal ball" worksheets ready.
- This lesson makes the abstract concept of "time" more concrete for Year 1 students by focusing on the tangible idea of "tomorrow." The "Wishing Well" serves as a powerful prop, acting as a treasure chest for the students' hopes and future plans. This provides a strong emotional link to the idea that the gift of donation is the gift of a future filled with these wished-for moments.

Additional Information

This lesson has been created as part of Donate Buddies, a program designed to help young children explore kindness, sharing, and the importance of helping others. By introducing these concepts in a fun, age-appropriate, and engaging way, children begin to understand the power of kindness and how their actions can make a big difference.

Organ, eye, and tissue donation is a real-life example of this kindness, where one person can help save the lives of many others. While most people can donate tissue, only a small number of people who pass away in hospitals can become organ donors. One organ donor alone can save up to seven lives and help many more people through eye and tissue donation.

