

# The Alchemist's Legacy: Finding Light in Loss

## (Year 7 - Ages 12-13)

### Lesson 7 of 9

Name: \_\_\_\_\_ Class: \_\_\_\_\_

**Mission Briefing:** An Alchemist knows that matter is never destroyed; it only changes form. When a Hero leaves this world, their story doesn't end. It transforms into a Legacy. Today, you will investigate how a family finds light in the darkness, and you will write a message to the "Keepers of the Flame."

#### Part 1: Decoding the Story

**Task:** Listen to the story of "Ben" (The Keeper of the Flame). Analyze the emotions of his family using the "Emotion Mixer."

**The Situation:** Ben has passed away. His family is devastated.

**The Catalyst:** They remember Ben told them he wanted to be a donor.

**The Emotion Mixer:** Identify two feelings the family experiences at the same time.

- The Heavy Feeling: (e.g., Grief, Shock) \_\_\_\_\_
- The Light Feeling: (e.g., Pride, Comfort) \_\_\_\_\_

**Analysis:** Why did knowing Ben's wish make it easier for his Mum to say "Yes"?

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## Part 2: The Phoenix Metaphor

**Symbolism:** The Phoenix is a mythical bird that burns to ash and is reborn. Connection: How is Organ Donation like a Phoenix?

- The Ashes represent: \_\_\_\_\_
- The New Bird represents: \_\_\_\_\_

**Definition:** In your own words, what is a Legacy?



### Part 3: The Letter of Gratitude

**Task:** Imagine you are a person whose life was saved by Ben (a recipient). You don't know Ben's family, but you want to thank them. You are writing an Anonymous Letter to them.

#### The Rules:

1. Be Respectful: Acknowledge their sadness first.
2. Be Grateful: Tell them what the "Gift of Time" (Lesson 4) means to you.
3. The Focus: Focus on Ben's heroism.

#### Draft your Letter:

"Dear Donor Family,

I do not know your name, and you do not know mine. But I know that you are going through a very hard time...

Please know that because of your decision, I can now...

Your loved one is a hero to me. With gratitude, A Recipient."

## Extension: The Symbol of Legacy

If you had to design a Statue or Symbol to honor all Organ Donors in a park, what would it look like? (e.g., A Tree of Life, Two hands holding a heart, A flame).

Sketch your design here:



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Where Little Hearts Become Heroes