

Our Treasure Chest of Time

(Year 2 - Ages 7-8):

Lesson 4 of 9

Name: _____ Class: _____

Teacher Preparation

Introduction for Teachers

This lesson adapts the abstract theme of "The Gift of Time" into a tangible and valuable concept for Year 2 students: "Our Treasure Chest of Time." The goal is to help children understand time as a collection of precious "golden moments"—happy memories from the past, enjoyable experiences in the present, and hopeful plans for the future. The lesson uses a physical "Treasure Chest" as a central prop to make this idea concrete and meaningful.

The core objective is to build an understanding that being healthy allows us to collect these precious moments. This creates a powerful and positive context for framing the gift of donation as the most generous act of sharing imaginable—giving someone the chance to add more priceless treasures to their own chest of time.



Key Concepts & Language for Teachers

- **The "Treasure Chest of Time" Metaphor:** This is the central theme. Treat the box as a special, valuable object.
 - **Say:** "Today we're going to talk about the most valuable treasure in the world. It's not gold or jewels; it's our time! Think of our life as a treasure chest, and every happy, special moment is like a golden coin we get to put inside."
- **Defining "Golden Moments":** Help students understand that treasure can be from the past, present, or future.
 - **Past:** "A golden moment can be a happy memory, like your last birthday party or a fun holiday."
 - **Present:** "It can be something you love doing right now, like playing with your friends at lunch or reading a good book."
 - **Future:** "It can also be a hope or a wish for a happy tomorrow, like looking forward to the school holidays."
- **Connecting Health and Time:** Clearly link being healthy with the ability to collect these "treasures."
 - **Say:** "To be able to go on adventures and collect all these golden moments, our bodies need to be healthy and strong. Being healthy is what gives us the chance to fill our treasure chests with happy times."
- **Connecting to the Bigger Idea:** Frame the gift of donation as an act of sharing treasure.
 - **Say with a caring and empathetic tone:** "Sometimes, a person's body is so sick that they can't collect new golden moments for their treasure chest. They miss out on making new memories and planning for happy tomorrows. The most generous treasure anyone can share is the gift of more time. When a kind family makes the empathetic choice to share the gift of a healthy organ, they are giving someone the chance to add more golden coins to their treasure chest. They are giving them more birthdays, more holidays, and more happy moments with their family. It is the most valuable treasure in the world."

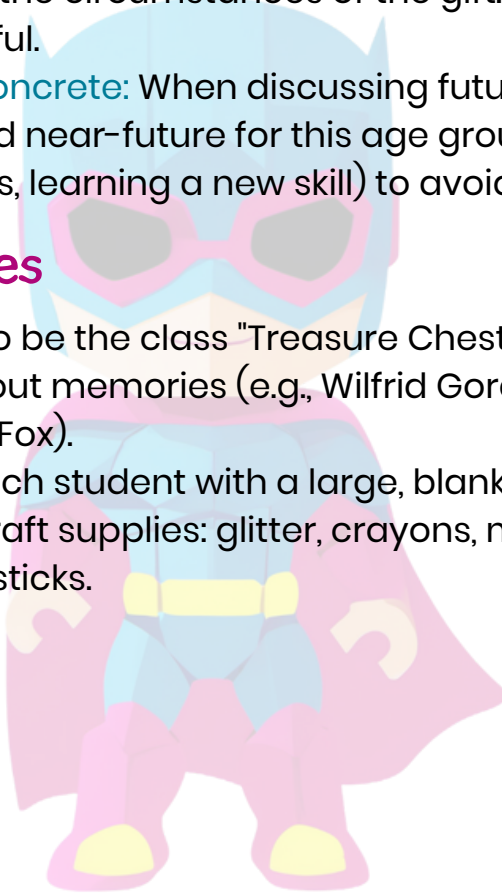


Safety and Sensitivity Considerations

- **Acknowledge All Memories:** When discussing past memories, be aware that some may be tinged with sadness (e.g., a memory of a person or pet who is no longer with them). Acknowledge these feelings with empathy. Say: "That sounds like a very precious and important treasure to keep in your chest." Gently guide the focus back to the positive feelings associated with the memory.
- **Focus on the Gift, Not the Loss:** When discussing donation, the focus must remain entirely on what is gained—more time and more happy moments—not on the circumstances of the gift. Keep the language positive and hopeful.
- **Keep the Future Concrete:** When discussing future moments, keep them relatable and near-future for this age group (e.g., the weekend, upcoming holidays, learning a new skill) to avoid creating anxiety.

Teacher Resources

- A decorated box to be the class "Treasure Chest of Time."
- A picture book about memories (e.g., *Wilfrid Gordon McDonald Partridge* by Mem Fox).
- A worksheet for each student with a large, blank "golden coin" outline.
- Gold and yellow craft supplies: glitter, crayons, markers, gold paper.
- Scissors and glue sticks.



Magical Body Facts for Year 2 (Ages 7-8)

- Your amazing heart beats over 100,000 times every single day! ❤️
- If you could spread your lungs out flat, they would be big enough to cover a tennis court! 🎾
- Your brain is more powerful and has more connections than all the computers and phones in the world put together! 🤖
- Your small intestine is so long that if you stretched it out, it would be longer than your family's car! 🚗
- It takes more muscles to frown than it does to smile – so smiling is easier! 😊
- A sneeze can travel faster than a car on the highway – over 160 km/h! Achoo! 🤧
- Your body is always making new skin. You get a whole new outer layer about every month!
- You get new taste buds every couple of weeks, which is why you might suddenly love a food you used to dislike! 🥬🍕
- Ounce for ounce, your bones are stronger than steel. 💪
- Every cell in your body contains a super-long secret code called DNA that has all the instructions to make you, YOU! 🧬

