

# The Hero's Echo

(Year 4 - Ages 9-10):

## Lesson 5 of 9

### Lesson Summary

This lesson transforms the senior curriculum's theme of "Having the Conversation" into a magical and powerful concept: "The Hero's Echo." Students will explore how a single act of kindness, or a brave idea, can "echo" through time and inspire many others, long after the act is finished. Through storytelling about real-life heroes and an imaginative "Echo Stone" activity, students will reflect on the echoes they want to create. The lesson gently frames the "family conversation" about donation as "starting your echo"—a positive, brave way to share your heroic values with your family, so your wish for kindness can be heard and understood.

### Learning Intentions

Students will .....

- Understand that a person's kind actions and values can "echo" and inspire others.
- Explore how sharing our kind wishes with our family is an important and positive action.
- Recognise that the "gift of donation" is a powerful "echo" of kindness that gives life to others.

### Success Criteria

Students can .....

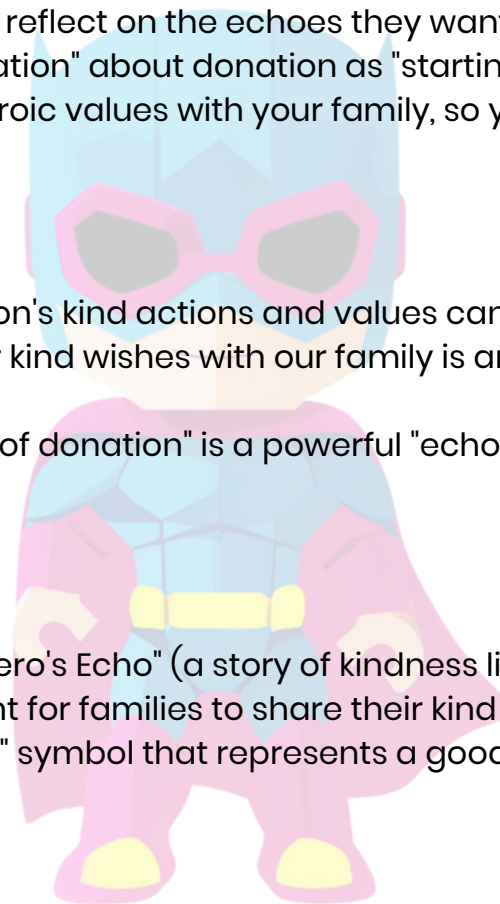
- Give an example of a "Hero's Echo" (a story of kindness living on).
- Explain why it's important for families to share their kind wishes with each other.
- Design a "Kindness Echo" symbol that represents a good deed echoing into the future.

### Lesson Details

Time:	60 minutes
Year Level:	Year 4 (Ages 9-10)
Unit:	This is Lesson 5 of 9 in the series.
Educational Partner:	This lesson is adapted from resources provided by DonateLife

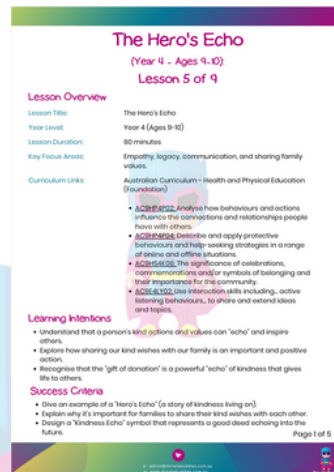
### General Capabilities

Personal and Social Capability, Ethical Understanding, Critical and Creative Thinking, Literacy.



# Lesson Guides and Printables

## Lesson Plan



**The Hero's Echo**  
(Year 4 - Ages 9-10)  
Lesson 5 of 9

**Lesson Overview**

Lesson Title: The Hero's Echo  
Year Level: Year 4 (Ages 9-10)  
Lesson Duration: 60 minutes  
Key Focus Areas: Empathy, legacy, communication, and sharing family values  
Curriculum Links: Australian Curriculum - Health and Physical Education (Foundation)

- ACSPHE102 Analyse how behaviours and actions influence the connections and relationships people have with others.
- ACSPHE104 Describe and apply protective behaviours and help-seeking strategies in a range of online and offline situations.
- ACSPHE105 The significance of celebrations, commemorations and/or symbols of belonging and their importance for the community.
- ACSEL102 Use interaction skills including, active listening behaviours, to share and extend ideas and topics.

**Learning Intentions**

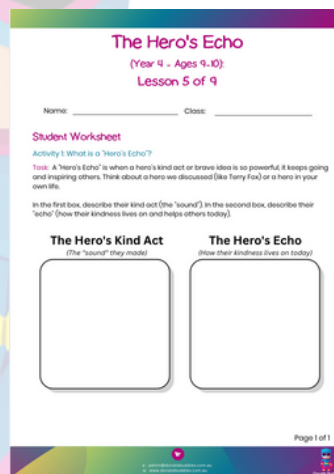
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**Success Criteria**

- Give an example of a "Hero's Echo" (a story of kindness living on).
- Explain why it's important for families to share their kind wishes with each other.
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## Student Worksheet



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Name: \_\_\_\_\_ Class: \_\_\_\_\_

**Student Worksheet**

Activity 1: What is a "Hero's Echo"?

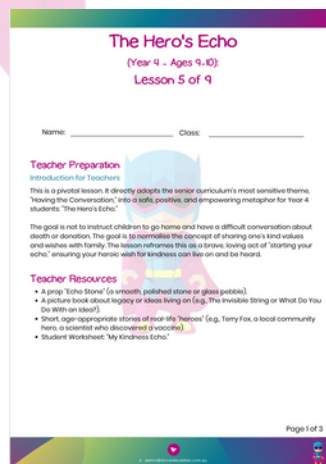
Task: A "Hero's Echo" is when a hero's kind act or brave idea is so powerful, it keeps going and inspiring others. Think about a hero we discussed (like Terry Fox) or a hero in your own life.

In the first box, describe their kind act (the "sound") in the second box, describe their "echo" (how their kindness lives on and helps others today).

The Hero's Kind Act (The "sound" they made)	The Hero's Echo (How their kindness lives on today)
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## Teacher Content Info



**The Hero's Echo**  
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Name: \_\_\_\_\_ Class: \_\_\_\_\_

**Teacher Preparation**

Introduction for Teachers

This is a pivotal lesson. It directly adapts the senior curriculum's most sensitive theme, "having the Conversation," into a safe, positive, and empowering metaphor for Year 4 students: "The Hero's Echo."

The goal is not to instruct children to go home and have a difficult conversation about death or donation. The goal is to normalise the concept of sharing one's kind values and wishes with family. The lesson reframes this as a brave, living act of "starting your echo," ensuring your heroes' love for kindness can live on and be heard.

**Teacher Resources**

- A jump "Tone Stone" (a smooth, polished stone or glass pebble).
- A picture book about legacy or ideas living on (e.g., The Invisible String or What Do You Do With an Idea?).
- Short, age-appropriate stories of real-life "heroes" (e.g., Terry Fox, a local community hero, or a scientist who discovered a vaccine).
- "Student Worksheet: My Kindness Echo."

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# Curriculum Mapping and Links

## Australian Curriculum (v9.0)

Subject	Strand	Content Descriptor
Health and Physical Education	Personal, Social and Community Health	<a href="#">AC9HP4P02</a> : Analyse how behaviours and actions influence the connections and relationships people have with others. <a href="#">AC9HP4P04</a> : Describe and apply protective behaviours and help-seeking strategies in a range of online and offline situations.
HASS (Civics and Citizenship)	Knowledge and Understanding	<a href="#">AC9HS4K06</a> : The significance of celebrations, commemorations and/or symbols of belonging and their importance for the community.
English	Literacy	<a href="#">AC9E4LY02</a> : Use interaction skills including... active listening behaviours... to share and extend ideas and topics.

## Queensland Curriculum (QCAA)

Subject	Syllabus	Content Description
Health and Physical Education	Year 4	Analyse how behaviours and actions influence the connections people have with others.
HASS	Year 4	The importance of symbols, and shared celebrations or commemorations in the community.
English	Year 4	Use appropriate interaction skills, including active listening behaviours and sharing ideas and opinions, in formal and informal situations.



## Resources Required

- A prop "Echo Stone" (a smooth, polished stone or glass pebble) to be passed around.
- A picture book about legacy or ideas living on (e.g., *The Invisible String* by Patrice Karst or *What Do You Do With an Idea?* by Kobi Yamada).
- Resource: Short, age-appropriate stories of real-life "heroes" whose actions "echo" (e.g., Terry Fox's run for cancer, or a local community hero).
- Student Worksheet: "My Kindness Echo" (a worksheet with concentric/rippling circles).
- Markers and coloured pencils

## Skills

- Empathy
- Communication
- Abstract thinking (legacy)
- Active listening
- Self-reflection

## Teacher Preparation

- Prepare the "Echo Stone" prop and source the short "hero stories."
- The core of this lesson is translating the difficult "Having the Conversation" (a 16+ topic) into the safe, magical metaphor of "Starting an Echo."
- The goal is not to have children go home and have a heavy talk. The goal is to normalise sharing values and kind ideas with family, framing it as a positive, brave, and loving act. The "echo" is the wish for one's kindness to live on.

## Additional Information

This lesson has been created as part of Donate Buddies, a program designed to help young children explore kindness, sharing, and the importance of helping others. By introducing these concepts in a fun, age-appropriate, and engaging way, children begin to understand the power of kindness and how their actions can make a big difference.

Organ, eye, and tissue donation is a real-life example of this kindness, where one person can help save the lives of many others. While most people can donate tissue, only a small number of people who pass away in hospitals can become organ donors. One organ donor alone can save up to seven lives and help many more people through eye and tissue donation.

