

The Symphony of Kindness

(Year 2 - Ages 7-8):

Lesson 9 of 9

Lesson Overview

Lesson Title:	The Symphony of Kindness
Year Level:	Year 2 (Ages 7-8)
Lesson Duration:	30 minutes
Key Focus Areas:	Understanding empathy and the reasons for helping others.
Curriculum Links:	Australian Curriculum - Health and Physical Education (Foundation) <ul style="list-style-type: none">• <u>AC9HP2P06</u>: Identify how valuing diversity and being inclusive can influence the wellbeing of the community.• <u>AC9E2LY02</u>: Use interaction skills including turn-taking, speaking clearly, and listening to others' ideas.• <u>AC9AMA2C01</u>: Create and perform artworks that communicate ideas and intentions.

Learning Intentions

- Understand that every kind act contributes to a bigger picture.
- Reflect on the different ways they have learned to be kind and helpful.
- Celebrate the idea that kindness creates something beautiful in the world.

Success Criteria

- Share one thing they have learned about kindness.
- Create a "Kindness Note" representing a key idea from the unit.
- Explain that many acts of kindness together make a big, beautiful difference.



Teaching Sequence

Work through this lesson in the following sequence:

Duration	Part	Focus
5 minutes	Part A. The Sound of Kindness	Introduction, Reflection & The Symphony Metaphor
10 minutes	Part B. Composing Our Notes	Review of Unit & Introducing the "Kindness Note" Activity
10 minutes	Part C. Creating Our Kindness Notes	Creative Activity & Connecting to the Big Idea
5 minutes	Part D. Our Finished Symphony	Celebration and Sharing

Part A. The Sound of Kindness (5 minutes)

Step 1. Review and Introduction

- Gather students on the floor. Have the work from previous lessons (Promise Tree, Kindness Posters, etc.) displayed prominently.
- Say: "Hello everyone! Today is a very special day. For our very last lesson, we are going to celebrate everything we have learned about kindness. We are going to become composers and create a beautiful piece of music together called the 'Symphony of Kindness'."

Step 2. The Symphony Metaphor

- Ask: "What is a symphony?" (Guide them to ideas like 'a big song,' 'lots of instruments playing together').
- Say: "That's right! A single musical note is nice, but it's only when you put many different notes together that you get a beautiful song. Kindness is just like that. One kind act is wonderful, but when we all work together to be kind, we create something amazing, like a symphony!"



Part B. Composing Our Notes (10 minutes)

Step 1. Reviewing Our Learning Journey

- Point to the work from previous lessons displayed around the room.
- Say: "Every lesson we've had has been like learning a new musical note for our symphony. Let's remember them."
- Briefly review the key themes:
 - "We learned about our Amazing Bodies (that's a note!)."
 - "We learned about the Invisible String of Kindness (another note!)."
 - "We learned about the Promise Tree (a very important note!)."
 - "We learned about the Ripple of Kindness and being Kindness Champions (more beautiful notes!)."

Step 2. Introducing the "Kindness Note" Activity

- Distribute the "My Kindness Note" worksheet or pre-cut musical note shapes.
- Instruct: "Your job as a composer is to choose the most important idea you have learned about kindness and draw it on your musical note. This will be your special note to add to our class symphony. What was your favourite lesson or the biggest idea you remember?"

Part C. Creating Our Kindness Notes (10 minutes)

Step 1. Creative Activity

- Students move to tables to design their "Kindness Note." Encourage them to use bright, happy colours.
- As they work, circulate and talk about the ideas they have chosen to represent.
 - "Tell me about the important kindness idea on your note."
 - "That's a wonderful note to add to our symphony!"

Step 2. Connecting to the Bigger Idea

- As they finish, gently introduce the final connection.
- Say with a warm, celebratory tone: "All of your notes are so beautiful and important. They are all part of the symphony of kindness. The most powerful and special note of all is the gift of organ and tissue donation. It's like the big, beautiful finale of the song that makes everyone feel full of hope and happiness. It's a final note of pure kindness that completes the symphony and gives the gift of life to so many others."



Part D. Our Finished Symphony (5 minutes)

Step 1. Assembling the Symphony

- Show the class the large poster with the blank musical staves.
- Say: "It's time to create our masterpiece! When it's your turn, please come up, share the idea on your Kindness Note, and place it on our symphony poster."
- One by one, have each child come up, share their idea, and add their note to the poster.

Step 2. Reflection and Celebration

- Gather back on the floor, with students holding their posters.
- Stand back and admire the finished "Symphony of Kindness."
- Ask: "Look at what we created together! How does it feel to see all of our kind ideas together in one beautiful song?"
- Say: "You should all be so proud. You have learned so much about how to be kind, how to help, and how to make the world a more beautiful place. You are all amazing composers of kindness!"

Differentiated Learning

- Extension:
 - Challenge students to write one word on their note that summarises their idea (e.g., "Helping," "Promise," "Sharing").
 - Ask them to hum a little tune that they think their "Kindness Note" would sound like.
- Learning Support:
 - Provide a list of the key lesson themes on the board with simple pictures for students to choose from.
 - Work with a small group to help them articulate their favourite idea before they begin drawing.



Teacher Reflection

- Did the "Symphony of Kindness" metaphor effectively serve as a celebratory conclusion to the unit?
- Were students able to reflect on their learning and choose a key concept for their "Kindness Note"?
- Did the final collaborative artwork create a sense of shared accomplishment and pride?
- How can I continue to build on these foundational concepts of kindness and altruism throughout the school year?

Assessment

- Observation of student participation in the review and reflection discussions.
- Ability to identify and represent a key learning from the unit on their "Kindness Note."
- Verbal explanation of their chosen concept when adding their note to the symphony.
- Overall engagement in the celebratory and collaborative nature of the lesson.

Additional Notes:

This final lesson is designed to be a joyful culmination of the unit. The focus should be on positive reflection, celebration, and reinforcing the central idea that many individual acts of kindness, including the ultimate gift of donation, come together to create something beautiful and powerful in the world.

