

Our Kindness Celebration: A Ripple of a Song

(Year 1 - Ages 6-7):

Lesson 9 of 9

Name: _____ Class: _____

Teacher Preparation

Introduction for Teachers

This final lesson is a joyful celebration of the entire learning journey for the Year 1 students. The theme for older students, "Music to Inspire Action," is adapted here into a fun, musical culmination that reinforces and celebrates all that has been learned. The goal is to leave students with a lasting, positive impression of their capacity for kindness and the importance of helping others.

The lesson should feel like a graduation ceremony where students are honoured as official "Kindness Ambassadors." The "Kindness Ripple Song" serves as a powerful and memorable summary of the key concepts from the unit, while the "Kindness Ambassador Certificate" provides a tangible symbol of their achievement and understanding.



Key Concepts & Language for Teachers

- **The Celebration Frame:** This lesson is a party! Use enthusiastic and celebratory language throughout.
 - **Say:** "Today is a very special day! You have all completed your training to become Kindness Ambassadors, and now it's time for our Kindness Celebration! We are going to celebrate with a special song and an official certificate for every single one of you."
- **The Kindness Ripple Song:** This is the heart of the lesson. The song should be taught joyfully, using a large chart with lyrics and simple picture cues to help students remember the concepts. The tune can be a simple, familiar one like "Row, Row, Row Your Boat."

The Kindness Ripple Song
(To the tune of "Row, Row, Row Your Boat")

(Verse 1)

Kind, kind, kindness starts,
Like a little stone,
Makes a ripple in the pond,
Kindness can be grown.

(Verse 2)

Help your friends and family,
In your circle bright,
Doctors help our bodies, too,
To make everything right.

(Verse 3)

Give the gift of future days,
Happy, fun, and new,
A kind choice to say "yes" helps,
It's a wonderful thing to do!

- **The Ambassador Certificate:** This craft is a symbol of achievement and pride.
 - **Say:** "Because you have all learned so much about the ripple effect of kindness, you have each earned your official Kindness Ambassador Certificate! You can decorate it to show what being a kind person means to you. It proves you have the power to help make the world a kinder place."

Page 2 of 3



Safety and Sensitivity Considerations

- **Focus on Joy and Pride:** This lesson should be entirely positive. It is a celebration of the students' journey and their understanding of empathy and kindness. Avoid introducing any new or complex information about donation.
- **Inclusive Celebration:** Ensure every child feels a sense of accomplishment. Praise their singing, their artwork, and most importantly, their kind hearts. The celebration is about their effort and their journey, not about artistic or musical perfection.
- **Positive Conclusion:** The goal is to leave students with a lasting, positive, and empowering feeling. The final message should be that they are all now official "Kindness Ambassadors" who understand the importance of helping others.

Teacher Resources

- A large chart with the lyrics and simple picture icons for the "Kindness Ripple" song.
- An upbeat, simple backing track (optional).
- A pre-printed "Kindness Ambassador" certificate for each student.
- "Special" craft supplies: gold/silver markers, shiny stickers.
- A picture book about celebrating success (e.g., *Oh, the Places You'll Go!* by Dr. Seuss).



Magical Body Facts for Year 1 (Ages 6–7)

(Simple, wow-worthy, and friendly for little learners!)

- Your heart is the size of **your** fist — and it never stops working!
- Your lungs fill up with air every time you breathe in — like two balloons! 🎈
- You have 206 bones in your body — that's a lot of strong support!
- Your kidneys clean your blood like magic water filters. 💧
- Your brain sends messages to your body faster than a race car! 🏎️
- Your eyes blink about 20 times a minute to keep them clean and wet. 👁️
- Your skin is your biggest organ — it's like your superhero suit! 🦸
- Blood zooms around your body in tubes called blood vessels — they go everywhere!
- Your liver has over 500 jobs — it's like the busiest helper in your body.
- When you smile, your body feels happy too! 😊

