

The Body's Helping Heroes

(Year 4 - Ages 9-10):

Lesson 1 of 9

Teacher Resource: "The Repair Shop" Story Script

(A simple, teacher-led story for Year 4, Lesson 1)

Teacher: "Today, I want to tell you about the most amazing, magical, and complicated repair shop in the entire world. It's so amazing that every single one of us has one. It's called the human body.

[Pause for effect]

Think about it! This 'repair shop' is open 24 hours a day, 7 days a week. It never takes a holiday.

It has a main computer—the brain—that sends messages faster than any email. It has a powerful, non-stop engine—the heart—that pumps fuel and energy to every single corner of the shop. It has a team of super-smart cleaners—the kidneys—that work all day to filter out any rubbish and keep the whole place sparkling. It has special air vents—the lungs—that bring in fresh air for the whole team to use.

And the best part? This repair shop can fix most of its own problems. When you get a small cut, the shop sends a repair crew to patch it up. When you get a cold, the shop's security team fights off the germs. It's brilliant!

But... [lower your voice slightly] ...once in a while, something happens that the repair shop can't fix on its own.

Sometimes, a major part—like the main engine (the heart) or one of the super-smart filters (a kidney)—just... stops. It gets worn out. And the repair shop's own crew just doesn't have the right tools or the right part to fix it.

The machine can't work properly anymore. The whole repair shop slows down. The person feels very, very sick.

Teacher: "So, what does that person need?" (Wait for students to answer: "A new part!" "A spare part!").

That's exactly right. They need a 'spare part.'

They go on a special waiting list, and they wait. They hope. They wait for someone to be kind enough, brave enough, and generous enough to help them.

They wait for a Helping Hero."

[This is the end of the story, and it leads directly into Part C of the lesson plan.]

