

The Hero's Anthem

(Year 4 - Ages 9-10):

Lesson 9 of 9

Lesson Overview

Lesson Title:	The Hero's Anthem
Year Level:	Year 4 (Ages 9-10)
Lesson Duration:	60 minutes
Key Focus Areas:	Consolidation, reflection, creative expression, collaboration, and celebration.
Curriculum Links:	Australian Curriculum – Health and Physical Education (Foundation) <ul style="list-style-type: none">• AC9HP4P06: Investigate and apply behaviours that contribute to their own and others' health, safety, relationships and wellbeing.• AC9E4LY06: Plan, create, edit and publish... imaginative, informative and persuasive texts... using text structures, language features, and visual features to suit the purpose and audience.• AC9AMU4C01: Create and perform music, using the elements of music, composition devices and text... to share ideas, experiences and emotions.• AC9ADA4C01: Explore, improvise and craft movement ideas to communicate meaning. (Optional extension for performance).

Learning Intentions

- Reflect on and consolidate all the key themes and positive metaphors from the unit.
- Understand that music and art are powerful and joyful ways to share an important message.
- Collaborate as a class to create a "Hero's Anthem" that celebrates kindness and helping.
- Celebrate the "Hero's Pledge" of donation as a profound and inspiring act of kindness.

Success Criteria

- Share one key "hero word" or metaphor they have learned in this unit (e.g., "Echo," "Treasure").
- Contribute one line, idea, or key word to the collaborative "Hero's Anthem."
- Sing or perform the new class "Hero's Anthem" with enthusiasm.



Teaching Sequence

Work through this lesson in the following sequence:

Duration	Part	Focus
10 minutes	Part A. The Songwriting Workshop	Introduction, Unit Review, and The "Anthem" Metaphor
15 minutes	Part B. Composing Our "Kindness Notes"	Brainstorming Key Words & Individual Reflection
20 minutes	Part C. Writing the "Hero's Anthem"	Collaborative Songwriting (Whole Class)
15 minutes	Part D. The Anthem Premiere	Practice, Performance, and Celebration

Part A. The Songwriting Workshop (10 minutes)

Step 1. Review and Introduction (The "Key Word Wall")

- Gather students on the floor. Have the "Key Word Wall" (from Teacher Resources) displayed.
- Say: "Hello, heroes, and welcome to our final and most exciting lesson! For this whole unit, you have been Heroes, Detectives, Story Keepers, and Ambassadors. Today, you get one more job: 'Songwriters for Kindness.'"
- Say: "Look at our 'Key Word Wall'! We have learned about so many powerful, kind ideas." Point to and review the key words: Hero, Team, Treasure, Time, Echo, Pledge, Story, Kindness.
- Say: "Our mission today is to use all of these words to write our very own 'Hero's Anthem' to celebrate everything we've learned."

Step 2. The "Anthem" Metaphor

- Ask: "What is an anthem? Where do we hear anthems?" (e.g., "At a sports game," "A song for a country," "A team song.")
- Say: "Exactly! An anthem is a proud, powerful song that unites a team and shares their story. Our 'Hero's Anthem' will be our song. It will be the most powerful 'Hero's Echo' of all, sharing the 'Good News' of kindness and helping."



Part B. Composing Our "Kindness Notes" (15 minutes)

Step 1. Brainstorming Themes

- Say: "Every great song starts with our "Kindness Notes" (from our worksheet). What feelings or ideas should be in our anthem?"
- Ask: "What is the most important idea you learned?" (e.g., "That talking to your family is the most important step," "That one hero can save 7 lives," "That it's a gift of time.")

Step 2. Individual Reflection (Worksheet)

- Distribute the "My Kindness Note" worksheet.
- Instruct: "Now it's your turn. On your 'Kindness Note,' I want you to write or draw the one word or idea that you think is the most important. This will be your personal 'note' to add to our class 'symphony.' What word or idea matters most to you?"
- Allow 5-7 minutes for students to complete this part.
- Ask a few students to share their "Kindness Note" aloud. (e.g., "My note is 'Echo'," "Mine is 'Treasure of Time'").

Part C. Writing the "Hero's Anthem" (20 minutes)

Step 1. Collaborative Songwriting

- On the whiteboard, write the tune you will use: (e.g., Tune: "Twinkle, Twinkle, Little Star").
- Say: "Alright, songwriters, let's build our anthem! We need six lines. Let's use our 'Kindness Notes' and 'Key Word Wall!'"
- Line 1: Write "Twinkle, twinkle, little star" on the board and ask for a "hero" version. (e.g., "Hero's kindness, brave and bright,")
- Line 2: Ask for a line to rhyme with "bright." (e.g., "Sharing hope and saving lives.")
- Line 3 (The middle): "How I wonder what you are." Ask for a line about the gift. (e.g., "A 'Treasure of Time' for all to see,")
- Line 4: "Up above the world so high." (e.g., "A 'Hero's Pledge' for you and me.")
- Line 5 (Repeat of line 1): "Hero's kindness, brave and bright,"
- Line 6 (Repeat of line 2): "Sharing hope and saving lives."
- Write the full anthem on the board as you go, celebrating every contribution.

Step 2. Fill in Worksheet (Activity 2)

- Instruct: "Quickly, copy our finished 'Hero's Anthem' onto your worksheet, so you have your own copy!"

Part D. The Anthem Premiere (15 minutes)

Step 1. Practice!

- Say: "Songwriters, it's time for our premiere! Let's stand up and practice our anthem!"
- Practice the song 2-3 times. (Optional: Hand out percussion instruments to some students to keep the beat).
- Encourage hand-actions for the "key words" (e.g., a heart for "kindness," a 'shout' for "echo").



Step 2. The Anthem Premiere (Performance)

- Say: "This is it! Our 'Hero's Echo' for the world. Let's sing it with all our hearts. One, two, three...!"
- Lead the class in a final, proud, and joyful performance of their "Hero's Anthem."

Step 3. Reflection and Celebration

- Lead a big round of applause.
- Ask: "How does it feel to sing your own anthem of kindness?"
- Say: "You have all officially graduated from the 'Helping Heroes' program. You've learned about your bodies, about kindness, about heroes, and about how to share your voice. You are all Kindness Ambassadors. Thank you for being such an amazing team."

Differentiated Learning

- Extension:
 - Challenge students to work in a small group to write an "alternative" second verse for the anthem.
 - Ask students to design the "album cover" for the class anthem on the back of their worksheet.
- Learning Support:
 - Rely heavily on the "Key Word Wall." Ask students to simply point to the word they want to include in the song.
 - For the worksheet, allow students to draw their "Kindness Note" (e.g., a picture of a heart or a clock) instead of writing.

Teacher Reflection

- Did the "Songwriting Workshop" metaphor provide a joyful, celebratory, and effective way to consolidate the unit's learning?
- Were students able to remember and contribute the key metaphors (Hero, Time, Echo, Pledge, etc.)?
- Did the collaborative songwriting process create a sense of shared ownership and pride?
- Did the final lesson successfully wrap up the entire 9-lesson unit on a positive, hopeful, and empowering note?

Assessment

- Worksheet (Activity 1): Assess the "My Kindness Note" worksheet. Can the student identify at least one key concept, word, or metaphor from the unit?
- Class Discussion: Observe the students' contributions to the collaborative songwriting process. Are they using the unit's vocabulary?
- Performance (Activity): Observe the students' participation in the final "Anthem Premiere." Do they show enthusiasm, pride, and a basic understanding of the positive message they are singing



Additional Notes:

This final lesson is a celebration. The "Music to Inspire Action" theme (from the 16+ curriculum) is interpreted here as the action of creation and performance itself. The goal is to make students feel proud of what they've learned and to send them off with a positive, joyful, and memorable "Hero's Anthem" that encapsulates all the safe, kind, and hopeful messages of the unit.

