

# The Pause Profile

A gentle, fully age-safe profile of a young person whose life is “on pause” due to organ failure. No medical detail. No symptoms described. No explicit cause. Only activities and opportunities temporarily unavailable.

## Meet Jordan — A Future on Hold

Name: Jordan

Age: 12

Interests: basketball, drawing characters, science experiments, hanging out with cousins, weekend markets

## Jordan’s Story (Student Version)

Jordan is a cheerful, creative kid who usually fills their days with movement, imagination, and new ideas. Their Future Map is full of colour — playing on the school basketball team, joining the art elective in high school, and saving up to visit the snow one day.

But right now, Jordan’s life has hit a PAUSE.

Jordan has a serious illness that makes it hard to participate in normal activities. It isn’t scary to talk about, but it does mean Jordan has to miss out on things they love. School days are shorter. Sports are on hold. Hanging out with friends is tricky. The future plans on Jordan’s map are still there — just waiting.

Jordan’s family is doing everything they can. Doctors are helping, teachers understand, and friends check in. But until Jordan receives the help they need, many of their goals are “stuck,” like a video paused in the middle of a favourite scene.

Jordan’s biggest wish?

To press RESUME on life again — to return to art, basketball, adventures, and all the things that make their Future Map bright.

A future is not erased — it’s simply waiting.

## Teacher Notes (Confidential Section)

- ✓ No medical symptoms or details are included — only missed activities.
- ✓ “Pause” metaphor ensures emotional safety while communicating impact.
- ✓ Designed to build empathy without confronting content.
- ✓ Can be adjusted to fit any cultural context.
- ✓ Works as the central narrative piece for Lesson 4’s “Stolen Time” and “Resume Button” reflection.

