

# Superhero Fuel

(Year 3 - Ages 8-9):

## Lesson 6 of 9

Name: \_\_\_\_\_ Class: \_\_\_\_\_

### Student Worksheet

Activity: Fuel the Heroes!

**Task:** Different types of "Superhero Fuel" (food) give different heroes their power. Draw a line to match the healthy food to the Donate Buddy hero it helps the most!



## Student Worksheet

Activity: Design a Power-Up Meal

**Task:** Now it's your turn to be the chef for the whole superhero team! Draw a healthy and delicious "Power-Up Meal" on the plate below. Make sure it has different types of fuel to give all your heroes energy!

