## Superhero Check-In

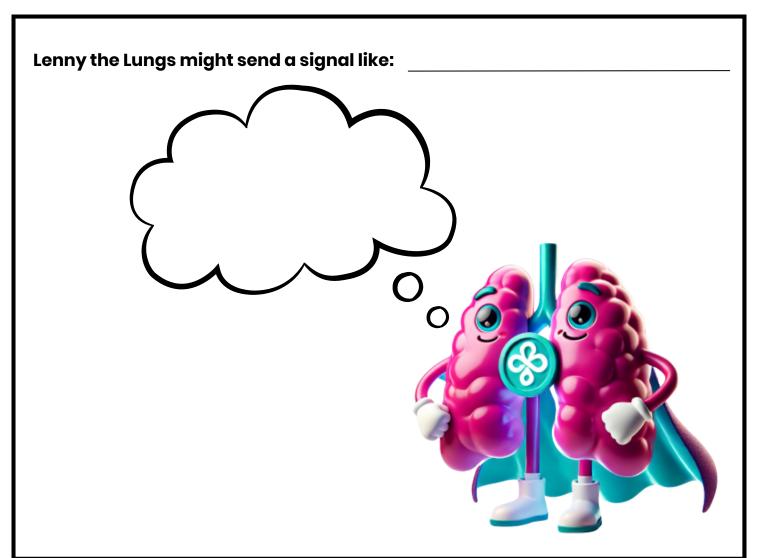
(Year 3 - Ages 8-9): Lesson 5 of 9

Name:	Class:
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## Student Worksheet

Activity: What's the Signal?

Task: Even superheroes send signals when they need a break! Imagine Lenny the Lungs is feeling tired after a big run. What is one signal he might send to let you know? Draw or write the signal in the speech bubble.



## Student Worksheet

Activity: My Superhero Check-In Comic

Task: Talking to your 'Team Manager' (a trusted adult in your family) is the best way to help your superhero team. Create a short comic strip below showing a child having a 'Superhero Check-In' conversation about how they are feeling.

