

# The Treasure of More Time

(Year 4 - Ages 9-10):

## Lesson 4 of 9

### Lesson Summary

This lesson explores the profound and precious value of time, adapting the senior curriculum's "The Gift of Time" theme. Students will reframe their lives as a "Treasure Map," full of "Golden Memories" from the past and "Dream Adventures" for the future. Through a reflective "mapping" activity, they will explore their own hopes and dreams. They will then use empathy to consider what it means for someone to be 'stuck' waiting for a "spare part," their own map blank. The lesson powerfully frames the gift of donation as the ultimate "Treasure of More Time"—the chance for another person to fill in their own map with adventures.

### Learning Intentions

Students will .....

- Understand that a lifetime is made of "treasures" (precious memories and future dreams).
- Reflect on their own personal hopes, goals, and dreams for the future.
- Recognise that the gift of donation is the "treasure" of giving someone more time to live their life and make new memories.

### Success Criteria

Students can .....

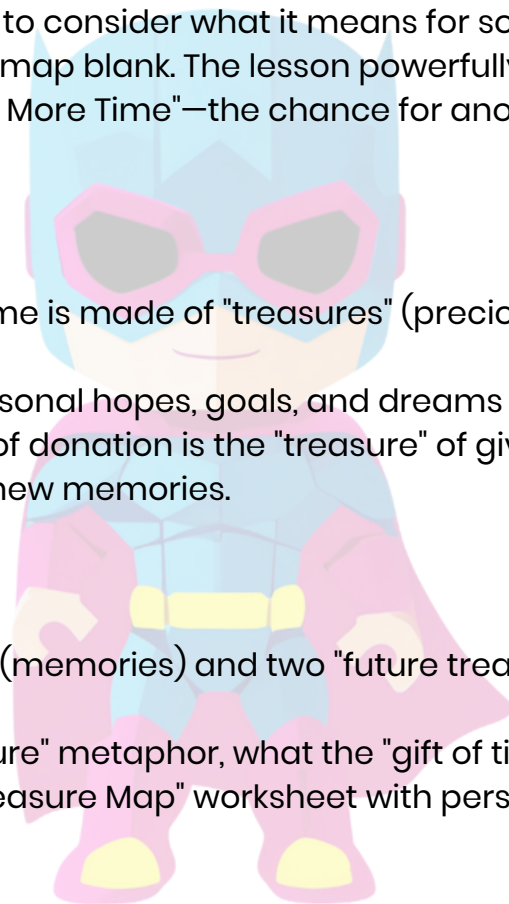
- List two "past treasures" (memories) and two "future treasures" (dreams) on their map.
- Explain, using the "treasure" metaphor, what the "gift of time" means.
- Complete a "My Life's Treasure Map" worksheet with personal reflections.

### Lesson Details

Time:	60 minutes
Year Level:	Year 4 (Ages 9-10)
Unit:	This is Lesson 4 of 9 in the series.
Educational Partner:	This lesson is adapted from resources provided by DonateLife


### General Capabilities

Personal and Social Capability, Ethical Understanding, Critical and Creative Thinking, Literacy.



# Lesson Guides and Printables

## Lesson Plan



### The Treasure of More Time

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Lesson 4 of 9

**Lesson Overview**

**Lesson Title:** The Treasure of More Time  
**Year Level:** Year 4 (Ages 9-10)  
**Lesson Duration:** 60 minutes  
**Key Focus Areas:** Empathy, self-reflection, gratitude, future-thinking, and valuing time.  
**Curriculum Links:** Australian Curriculum - Health and Physical Education (Foundation)

- **ACSEHEP02** Describe and apply emotional responses, including the principles of empathy and respect.
- **ACSEHEP03** Investigate the human life cycle and the changes that occur, and how this impacts health and wellbeing.
- **ACSEHEP04** Understand and use language effectively to express and share feelings and opinions.
- **ACSEHEP05** The importance of cooperation and adherence to rules in communities.

**Learning Intentions**

- Understand that a lifetime is made of 'treasures' (precious memories and future dreams).
- Reflect on their own personal hopes, goals, and dreams for the future.
- Recognise that the gift of donation is the 'treasure' of giving someone more time to live their life and make new memories.

**Success Criteria**

- List two 'past treasures' (memories) and two 'future treasures' (dreams) on their maps.
- Explain using the 'treasure' metaphor, what the 'gift of time' means.
- Complete a 'My Life's Treasure Map' worksheet with personal reflections.

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## Student Worksheet

### The Treasure of More Time

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Name: \_\_\_\_\_ Class: \_\_\_\_\_

**Student Worksheet**

**Activity:**

**Task:** You are the explorer of your own life! Your mission is to create a map of your 'treasures'. On one side, map the 'Golden Memories' (treasures you've already found). On the other, map the 'Dream Adventures' (treasures you hope to find in the future. It marks the spot!).

You can write or draw your treasures in each box.

**My Golden Memories**  
(Treasures I've Already Found)

**What are your happiest memories?**  
(e.g., a great birthday, a fun holiday, a day with a friend, a time you felt proud)

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**My Dream Adventures**  
(Treasures I'm Exploring Towards)

**What are your hopes and dreams for the future?**  
(e.g., a place you want to visit, a skill you want to learn, a job you want to have, a pet you want)

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## Teacher Content Info

### The Treasure of More Time

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Name: \_\_\_\_\_ Class: \_\_\_\_\_

**Teacher Preparation**

**Introduction for Teachers**

This lesson adapts the abstract theme of 'The Gift of Time' (from the senior curriculum) into a tangible and highly personal metaphor for Year 4 students: 'My Life's Treasure Map'. This is a conceptual step up from the 'Treasure Chest' in Year 3. Where Year 3 focused on collecting past moments, Year 4 introduces the idea of planning and dreaming for the future.

The core objective is to build deep, reflective empathy by first valuing their own 'treasures' (past memories) and 'adventures' (future dreams). Students can more profoundly understand what is 'given' through donation. This lesson frames the gift of donation as the ultimate act of generosity: giving someone the precious chance to add more adventures to their own map.

**Teacher Resources**

- A prep 'Treasure Chest' box (can be a decorated shoebox).
- Prep 'Golden Coins' (to use as 'Time' from the Year 3 lesson).
- A picture book about memories, time, or making a difference (e.g., *Miss Rumphius* by Barbara Cooney or *Walden* by Henry David Thoreau).
- Student Worksheet: 'My Life's Treasure Map' (shoulder sized or side-by-side).

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# Curriculum Mapping and Links

## Australian Curriculum (v9.0)

Subject	Strand	Content Descriptor
Health and Physical Education	Personal, Social and Community Health	<p><a href="#">AC9HP4P03</a>: Describe and apply emotional responses, including the principles of empathy and respect.</p> <p><a href="#">AC9HP4P06</a>: Investigate the human life cycle and the changes that occur, and how this impacts health and wellbeing.</p>
English	Literacy	<a href="#">AC9E4LY09</a> : Understand and use language effectively... to express and share feelings and opinions.
HASS (Civics and Citizenship)	Knowledge and Understanding	<a href="#">AC9HS4K08</a> : The importance of cooperation and adherence to rules in communities.

## Queensland Curriculum (QCAA)

Subject	Syllabus	Content Description
Health and Physical Education	Year 4	Describe and apply strategies that promote their own and others' health, safety, and wellbeing.
HASS	Year 4	The importance of cooperation and adherence to rules in communities.
English	Year 4	Use language to express feelings and opinions and for imaginative purposes.



## Resources Required

- A prop "Treasure Chest" box (can be a decorated shoebox).
- Prop "golden coins" or chocolate coins.
- A picture book about time, memories, or making a difference (e.g., Wilfrid Gordon McDonald Partridge by Mem Fox, or Miss Rumphius by Barbara Cooney).
- Student Worksheet: "My Life's Treasure Map" (a worksheet designed to look like an old scroll or map, with two sides: "Golden Memories" and "Dream Adventures").

## Skills

- Empathy
- Future-thinking / Goal-setting
- Self-reflection
- Gratitude
- Perspective-taking

## Teacher Preparation

- Prepare the "Treasure Chest" prop and coins.
- Prepare the "My Life's Treasure Map" worksheets for each student.
- The core of this lesson is translating the abstract "Gift of Time" (from the 16+ curriculum) into a tangible "Treasure Map" metaphor. This is a step up from Year 2's "Treasure Coin," as it involves future planning and literacy.
- This is a deeply empathetic lesson. The focus must remain positive, celebrating the joy of filling a map with dreams, rather than dwelling on the sadness of having an empty one.

## Additional Information

This lesson has been created as part of Donate Buddies, a program designed to help young children explore kindness, sharing, and the importance of helping others. By introducing these concepts in a fun, age-appropriate, and engaging way, children begin to understand the power of kindness and how their actions can make a big difference.

Organ, eye, and tissue donation is a real-life example of this kindness, where one person can help save the lives of many others. While most people can donate tissue, only a small number of people who pass away in hospitals can become organ donors. One organ donor alone can save up to seven lives and help many more people through eye and tissue donation.

