

The Gift of More Tomorrows

(Year 1 - Ages 6-7):

Lesson 4 of 9

Lesson Overview

Lesson Title:	The Gift of More Tomorrows
Year Level:	Year 1 (Ages 6-7)
Lesson Duration:	30 minutes
Key Focus Areas:	Understanding kindness, helping, and the positive impact of our actions.
Curriculum Links:	Australian Curriculum - Health and Physical Education (Foundation) <ul style="list-style-type: none">• <u>AC9HP2P05</u>: Identify and demonstrate protective behaviours and help-seeking strategies in a range of situations.• <u>AC9HSIK02</u>: Distinguish between the past, present and future.• <u>AC9AVA2C01</u>: Use materials, techniques and technologies to explore art making, and represent ideas and experiences.

Learning Intentions

- Understand that time includes today and all of our "tomorrows."
- Identify happy activities and events we look forward to in the future.
- Recognise that the gift of donation gives people more tomorrows to enjoy.

Success Criteria

- Name something I am looking forward to doing "tomorrow" or in the future.
- Explain that being healthy helps us enjoy our future plans.
- Create a "Tomorrow's Wish" to represent a happy future moment.



Teaching Sequence

Work through this lesson in the following sequence:

Duration	Part	Focus
5 minutes	Part A. Looking Forward to Tomorrow	Introduction and Story Time
10 minutes	Part B. Our Hopes and Wishes	Brainstorming & Introducing the "Wishing Well"
10 minutes	Part C. Making a Wish for Tomorrow	Creative Activity & Connecting to the Big Idea
5 minutes	Part D. A Well Full of Hope	Reflection and Sharing

Part A. Looking Forward to Tomorrow (5 minutes)

Step 1. Review and Introduction

- Gather students on the floor. Point to the classroom calendar.
- Say: "Hello everyone! Last time we learned about our 'Caring Circles.' Today, we are going to talk about a very special and exciting time. We're going to talk about tomorrow, and all the days after that! We're going to talk about the future."
- Ask: "What is something you are looking forward to doing tomorrow, or this weekend?" (Listen for ideas like playing, visiting family, parties).
- Say: "It's so exciting to have happy things to look forward to! All those future plans are our 'tomorrows'."

Step 2. Story Time

- Introduce a picture book about looking forward to something, like *Waiting Is Not Easy!* by Mo Willems.
- Say: "In our story today, the character is very excited about something that is going to happen in the future. Let's see what they are waiting for."



- Read the story aloud, emphasising the feeling of excitement and anticipation.
 - Ask: "What was the character so excited for? Was it worth the wait?"
 - Ask: "How does it feel in your tummy when you are excited for a happy tomorrow?"

Part B. Our Hopes and Wishes (10 minutes)

Step 1. Brainstorming Our "Tomorrows"

- Say: "Our lives are full of exciting tomorrows to look forward to. What are some of the happy things you hope to do in the future? It could be your next birthday, a holiday, learning to ride your bike, or a special celebration."
- Brainstorm a list of future events and activities. Write or draw simple icons on the board.
- Say: "To enjoy all of these wonderful tomorrows, our bodies need to be healthy. Being healthy gives us the gift of being able to have all these adventures in the future."

Step 2. Introducing the "Wishing Well" Activity

- Bring out the decorated "Wishing Well" box.
- Say: "This is our classroom Wishing Well. It's a special place to put all our hopes and wishes for our happy tomorrows."
- Distribute the "My Tomorrow's Wish" worksheet (with the crystal ball outline).
- Instruct: "On your paper is a crystal ball that lets you look into the future! Your job is to draw a picture of one happy thing you are wishing for or looking forward to. This will be your 'Tomorrow's Wish' to put in our well."

Part C. Making a Wish for Tomorrow (10 minutes)

Step 1. Creative Activity

- Students move to tables to draw their "Tomorrow's Wish." Encourage them to make it sparkly and magical with glitter.
- As they work, circulate and talk about their future plans.
- "Tell me about the wish you are drawing for your future."
- "That sounds like a wonderful tomorrow! Who will be there with you?"

Step 2. Connecting to the Bigger Idea

- As they finish, gently introduce the connection.



- Say with a caring tone: "Your wishes for tomorrow are so beautiful and full of happiness. But sometimes, a person's body is so sick that they can't make plans for tomorrow. They are not sure if they will be healthy enough to have their next birthday or go on a holiday. The most amazing gift they can receive is the gift of more tomorrows."
- Continue with a sense of wonder: "When a kind family makes the choice to share the gift of a healthy body part, they are giving someone a future. They are giving them back all their wishes. They are giving them more birthdays, more holidays, and more time to play. It is the most hopeful and precious gift in the world."

Part D. A Well Full of Hope (5 minutes)

Step 1. Filling the Wishing Well

- Say: "Now, let's fill our well with all of our happy wishes for the future. When it's your turn, I want you to come and gently place your wish inside."
- One by one, have each child come up and place their drawing into the "Wishing Well."

Step 2. Reflection

- Hold up the well, now full of their wishes.
- Ask: "Our well is now full of happy tomorrows! How does it feel to know that the gift of donation is what gives some people the chance to have their wishes come true?"
- Say: "It's a wonderful reminder that being kind and helping others can give them the greatest gift of all: a happy future."

Differentiated Learning

- Extension:
 - Challenge students to write a simple sentence about their wish, such as "I wish to go to the beach."
 - Ask them to think about a wish they have for a family member's future.
- Learning Support:
 - Provide magazines or picture cut-outs of activities (e.g., parties, holidays, sports) that students can choose from and glue into their crystal ball.
 - Use verbal prompts to help them think of a future event: "What's a special holiday that's coming up soon?"



Teacher Reflection

- Did the students grasp the concept of "tomorrow" as the future?
- Was the "Wishing Well" an effective prop for collecting their hopes and plans?
- Did the connection between the "gift of donation" and the "gift of more tomorrows" resonate with the students?
- How can I incorporate the idea of looking forward to positive future events in our daily classroom routine?

Assessment

- Observation of participation in discussions about future events and wishes.
- Ability to name a future activity they are looking forward to.
- Creative expression in the "Tomorrow's Wish" worksheet, showing a future-oriented idea.
- Verbal understanding that the gift of donation helps give people a future.

Additional Notes:

Ensure the lesson keeps the concept of "the future" simple and tied to positive, near-future events that are meaningful to a 6-7 year old. The "Wishing Well" is a key element for making the abstract idea of "hope for the future" a concrete and shared classroom experience.

This lesson powerfully reframes the gift of donation not just as a solution to a current problem, but as the act of giving someone a future they otherwise might not have. It connects kindness directly to hope and the promise of happy times to come.

