

# Magical Helpers and Their Amazing Tools

(Prep - Ages 5-6):

## Lesson 3 of 9

### Lesson Summary

This lesson introduces students to the "Magical Helpers" in our community, focusing on the Doctor and Nurse Team. Through imaginative play and a "what's in the bag?" activity, students will explore some of the amazing tools these helpers use to care for our bodies. The lesson reinforces that hospitals are places with special teams who work together to help people get better, demystifying the experience and framing it in a positive, magical context.

### Learning Intentions

Students will .....

- Identify some of the special people who help us when we are sick (doctors, nurses).
- Recognise that these helpers use special tools to understand and care for our bodies.
- Understand that doctors and nurses are a kind and important "Helping Team."

### Success Criteria

Students can .....

- Name a person who is part of a "Hospital Helping Team."
- Draw a picture of a "magical helping tool."
- Say one way doctors or nurses help people.

### Lesson Details

Time:	30 minutes
Year Level:	Foundation / Prep (Ages 5-6)
Unit:	This is Lesson 3 of 9 in the series.
Educational Partner:	This lesson is adapted from resources provided by DonatLife

### General Capabilities

Personal and Social Capability, Critical and Creative Thinking, Intercultural Understanding.

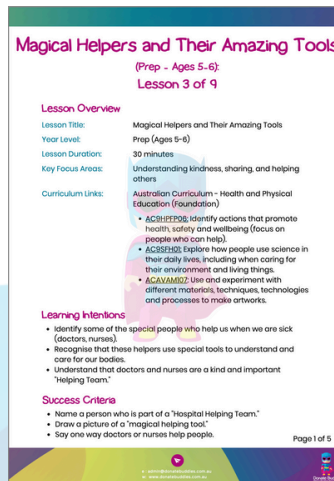
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# Lesson Guides and Printables

## Lesson Plan

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**Magical Helpers and Their Amazing Tools**  
(Prep - Ages 5-6)  
Lesson 3 of 9

**Lesson Overview**

Lesson Title: Magical Helpers and Their Amazing Tools  
Year Level: Prep (Ages 5-6)  
Lesson Duration: 30 minutes  
Key Focus Areas: Understanding kindness, sharing, and helping others

**Curriculum Links:**  
Australian Curriculum - Health and Physical Education (Foundation)  
• ACHEPF02: Identify actions that promote health, safety and wellbeing (focus on people who can help).  
• ACHEPF03: Explore how people use science in their daily lives, including when caring for their environment and living things.  
• ACMAM02: Use and experiment with different materials, techniques, technologies and processes to make artworks.

**Learning Intentions**

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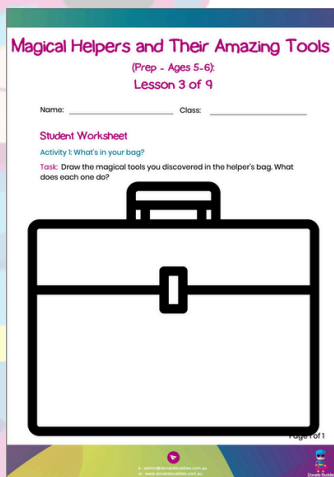
**Success Criteria**

- Name a person who is part of a "Hospital Helping Team."
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## Student Worksheet

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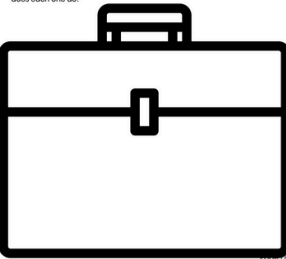
**Magical Helpers and Their Amazing Tools**  
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Name: \_\_\_\_\_ Class: \_\_\_\_\_

**Student Worksheet**

Activity 1: What's in your bag?

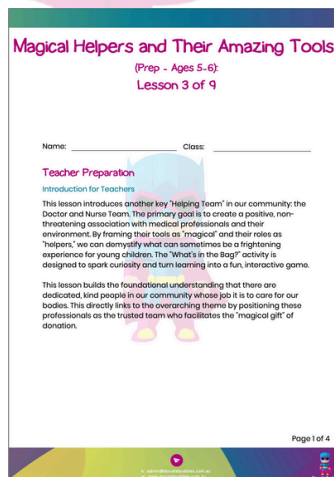
Task: Draw the magical tools you discovered in the helper's bag. What does each one do?



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## Teacher Content Info

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Name: \_\_\_\_\_ Class: \_\_\_\_\_

**Teacher Preparation**

**Introduction for Teachers**

This lesson introduces another key "Helping Team" in our community: the Doctor and Nurse Team. The primary goal is to create a positive, non-threatening association with medical professionals and their environment. By framing their tools as "magical" and their roles as "helpers," we can demystify what can sometimes be a frightening experience for young children. The "What's in the Bag?" activity is designed to spark curiosity and turn learning into a fun, interactive game.

This lesson builds the foundational understanding that there are dedicated, kind people in our community whose job it is to care for our bodies. This directly links to the overarching theme by positioning these professionals as the trusted team who facilitates the "magical gift" of donation.

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# Curriculum Mapping and Links

## Australian Curriculum (v9.0)

Subject	Strand	Content Descriptor
Health and Physical Education	Personal, Social and Community Health	<a href="#">AC9HPFP06</a> : Identify actions that promote health, safety and wellbeing (focus on people who can help).
Science	Science as a Human Endeavour	<a href="#">AC9SFH01</a> : Explore how people use science in their daily lives, including when caring for their environment and living things.
The Arts (Visual Arts)	Creating	<a href="#">ACAVAM107</a> : Use and experiment with different materials, techniques, technologies and processes to make artworks.

## Queensland Curriculum (QCAA)

Subject	Syllabus	Content Description
Health and Physical Education	Foundation	Identify actions that help them be healthy, safe and active.
Science	Foundation	Explore the needs of living things, and how people care for living things.
The Arts (Visual Arts)	Foundation	Experiment with and use art elements, principles, materials, technologies and processes.



## Resources Required

- A "Magical Helper's Bag" (a simple bag or box for the teacher).
- Props for the bag: A toy stethoscope ("Heart Listener"), a penlight ("Magic Looking Light"), a magnifying glass ("Super-Seeing Eye"), and colourful bandages.
- A picture book about helpers or visiting the doctor (e.g., Clothesline Clues to Jobs People Do by Kathryn Heling & Deborah Hembrook, or Froggy Goes to the Doctor by Jonathan London).
- Worksheet with a large, simple outline of a doctor's bag.
- Crayons, markers, and glitter glue ("magic healing potion").

## Skills

- Communicating
- Curiosity
- Problem-solving
- Community awareness

## Teacher Preparation

- Prepare the "Magical Helper's Bag" with the props inside.
- Have the worksheets and craft supplies ready.
- The key to this lesson is framing the medical context in a positive, non-threatening way. The tools are "magical," not medical. The focus is on curiosity and the kindness of the helpers, not on illness or fear. This continues to build a safe foundation for later lessons.

## Additional Information

This lesson has been created as part of [Donate Buddies](https://www.donatebuddies.com.au), a program designed to help young children explore kindness, sharing, and the importance of helping others. By introducing these concepts in a fun, age-appropriate, and engaging way, children begin to understand the power of kindness and how their actions can make a big difference.

Organ, eye, and tissue donation is a real-life example of this kindness, where one person can help save the lives of many others. While most people can donate tissue, only a small number of people who pass away in hospitals can become organ donors. One organ donor alone can save up to seven lives and help many more people through eye and tissue donation.

