

# The Alchemist's Voice: The Catalyst of Consent

(Year 7 - Ages 12-13)

## Lesson 5 of 9

### Teacher Preparation

#### Introduction for Teachers

This lesson tackles the biggest bottleneck in the donation system: Consent. Many people believe that if they tick "Yes" on a driver's license or a website, the job is done. This is a myth. In Australia, the family (Next of Kin) is always consulted. If the family is unsure, surprised, or distressed, they often say "No" simply to be safe.

The goal of this lesson is to teach students that Communication is a form of Kindness. By telling their family what they want, they remove the burden of guessing from the people they love.

The Alchemist Metaphor: "The Voice." Just as a spell must be spoken to work, the wish must be spoken to be real. The conversation is the "Catalyst" that activates the registration.

### Safety and Sensitivity Considerations

- The "Taboo" of Death: Talking about "what happens when I die" can be scary or seen as "bad luck" in some cultures.
  - Strategy: Frame the conversation about Life and Legacy, not death. "It's about what you want your legacy to be."
- Diverse Family Structures: Students may live with grandparents, foster carers, or in blended families.
  - Strategy: Use terms like "The people who care for you," "Your guardians," or "Your clan" rather than just "Mum and Dad."
- Respecting "No": Some students (or their families) may not support donation.
  - Strategy: The lesson is about the skill of communication, not forcing a specific choice. "Even if your choice is 'No,' telling your family is just as important so they know to protect that choice."

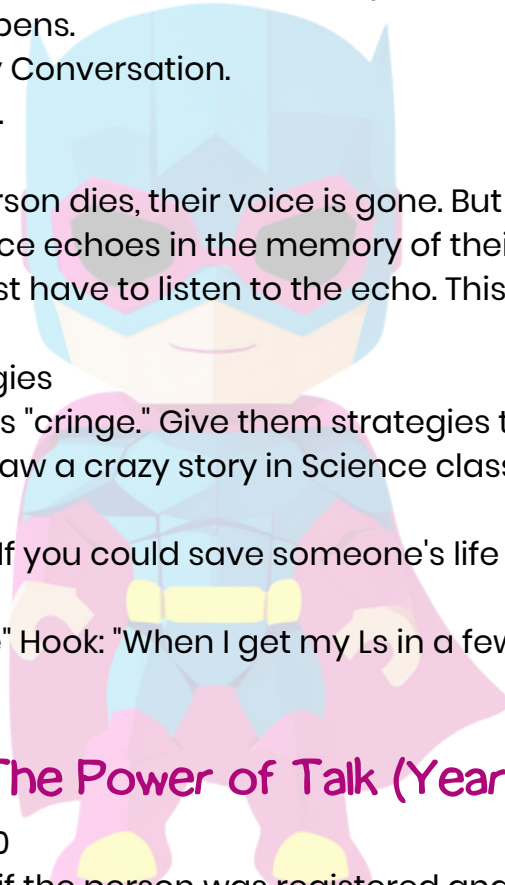
### Teacher Resources

- Video Hook: "The Catalyst Effect." Find a simple science video (like Mentos in Coke or Elephant Toothpaste).
- Point: The ingredients were there, but nothing happened until the Catalyst was added. The Conversation is the Catalyst.
- Visual Aid: Draw a large "Consent Barometer" on the board showing 40% vs 80%.



# Key Concepts & Language for Teachers

- 1. The Legal Reality (The "Soft" Veto)
  - In Australia, the Australian Organ Donor Register (AODR) provides a legal consent. However, clinicians will always discuss this with the family. They will not proceed if the family strongly objects or is too distressed to comprehend the process.
    - The Problem: If the family doesn't know the deceased's wishes, they are stressed and scared. They default to "No" (40% consent rate).
    - The Solution: If the family knows the wishes, they feel relief. They are simply honouring a wish, not making a decision. They say "Yes" (80% consent rate).
- 2. The Catalyst Effect
  - Use the chemistry analogy.
    - Reactants: The Donor (You) + The Medical System.
    - Result: Nothing happens.
    - Catalyst: The Family Conversation.
    - Reaction: Life saved.
- 3. The "Hero's Echo"
  - Explain that when a person dies, their voice is gone. But if they have had "The Conversation," their voice echoes in the memory of their family. The family doesn't have to decide; they just have to listen to the echo. This makes their grief much easier to manage.
- 4. "Breaking the Ice" Strategies
  - Year 7s find serious talks "cringe." Give them strategies to make it casual:
    - The "News" Hook: "I saw a crazy story in Science class today about a heart in a box..."
    - The "Hypothetical": "If you could save someone's life without hurting yourself, would you?"
    - The "Driver's License" Hook: "When I get my Ls in a few years, I'm going to register. What do you think?"



## The Alchemist's Data: The Power of Talk (Year 7)

- The 9 out of 10 vs. 3 out of 10
  - 90% of families say YES if the person was registered and had spoken about it.
  - Only ~40% say YES if the person was not registered and hadn't spoken about it.
  - Lesson: Your voice literally doubles the chance of saving a life.
- The Burden of Guessing Studies show that families who had to "guess" the decision often suffer from Post-Traumatic Stress (PTSD) or regret later, wondering if they made the right choice. Families who "knew" the decision report feeling comfort and pride. Talking is an act of protection for the family.

