

The Power of a Helping Heart

(Prep - Ages 5-6):

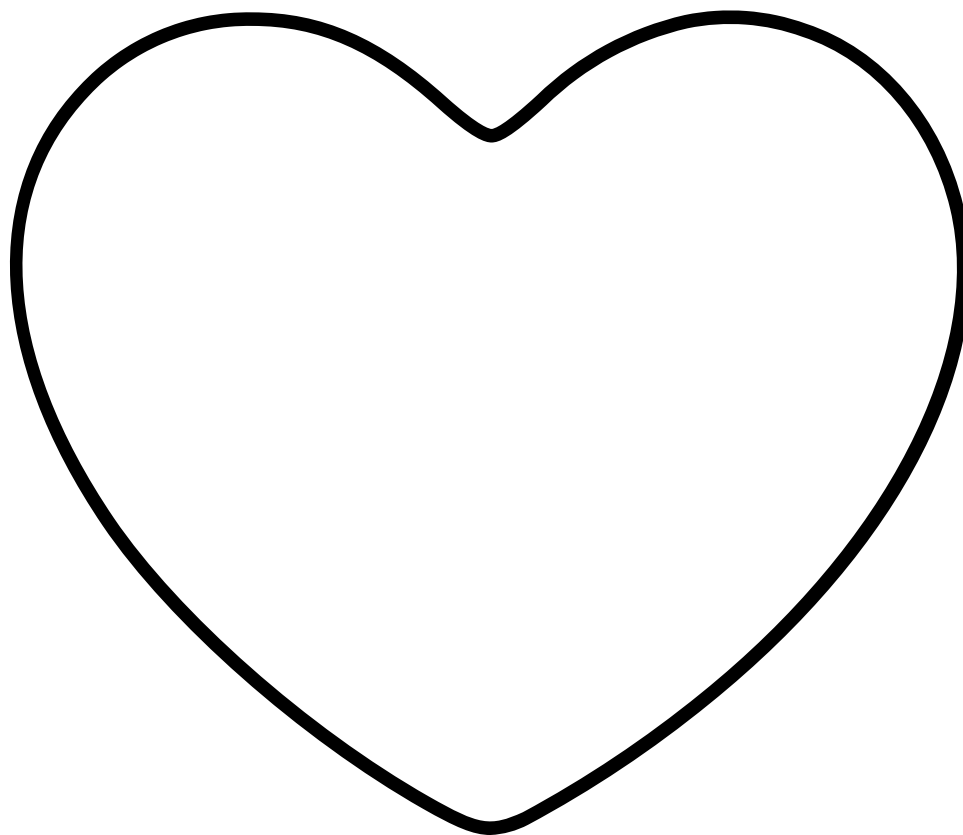
Lesson 1 of 9

Name: _____ Class: _____

Student Worksheet

Activity 1: Decorate your superhero heart!

Task: Fill it with colours, stickers, and sparkles to show all the ways you can be kind.



Activity 2: Draw a picture of you helping someone.

Task:

- Draw or write one way you can help someone
- Share your drawing with your class and explain your image!

