

Superhero Spokes-heroes

(Year 3 - Ages 8-9):

Lesson 8 of 9

Lesson Summary

This lesson empowers students to become "Superhero Spokes-heroes," learning how to share the important stories of their organ hero team. Students will explore how a clear and kind message can help others understand something new. Through a fun "Message Mission" brainstorming session and a creative activity where they design a "Hero News Report," students will practise communicating the key ideas they have learned. The lesson gently frames sharing the story of organ donation as the most important mission a Spokes-hero can undertake, helping everyone understand this ultimate act of kindness.

Learning Intentions

Students will

- Understand that sharing important stories can help others.
- Explore how to create a simple and positive message.
- Recognise that talking about organ donation is a way of being a hero for others.

Success Criteria

Students can

- Explain why it is important to share kind stories.
- Choose a key message about their organ superheroes to share.
- Create a "Hero News Report" to communicate their message.

Lesson Details

Time:	30 minutes
Year Level:	Year 3 (Ages 8-9)
Unit:	This is Lesson 8 of 9 in the series.
Educational Partner:	This lesson is adapted from resources provided by DonateLife

General Capabilities

Personal and Social Capability, Literacy, Critical and Creative Thinking.

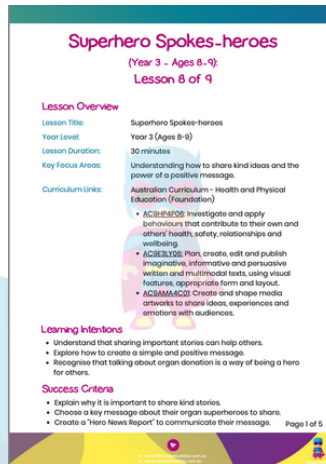
Page 1 of 4



Lesson Guides and Printables

Lesson Plan

[Download PDF](#)



Superhero Spokes-heroes
(Year 3 - Ages 8-9)
Lesson 8 of 9

Lesson Overview

Lesson Title: Superhero Spokes-heroes
Year Level: Year 3 (Ages 8-9)
Lesson Duration: 30 minutes
Key Focus Areas: Understanding how to share kind ideas and the power of a positive message.
Curriculum Links: Australian Curriculum - Health and Physical Education (Foundation)

- ACHEE2008 Investigate and apply behaviours that contribute to their own and others' health, safety, relationships and wellbeing.
- ACEE3U202 Plan, create, edit and publish imaginative, informative and persuasive written and multimodal texts, using visual features, appropriate forms and layout.
- ACMMAM202 Create and shape media artworks to share ideas, experiences and emotions with audiences.

Learning Intentions

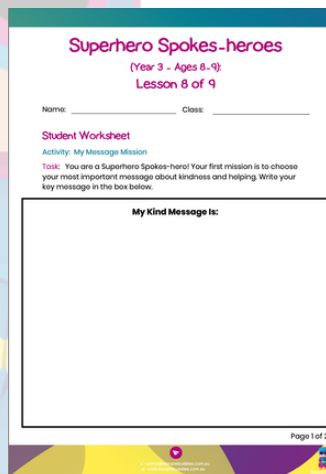
- Understand that sharing important stories can help others.
- Explore how to create a simple and positive message.
- Recognise that talking about organ donation is a way of being a hero for others.

Success Criteria

- Explain why it is important to share kind stories.
- Create a key message about their organ superheroes to share.
- Create a "hero News Report" to communicate their message. Page 1 of 5

Student Worksheet

[Download PDF](#)



Superhero Spokes-heroes
(Year 3 - Ages 8-9)
Lesson 8 of 9

Name: _____ Class: _____

Student Worksheet

Activity: My Message Mission

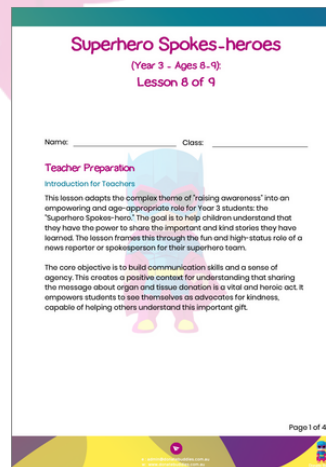
Task: You are a Superhero Spokes-hero! Your first mission is to choose your most important message about kindness and helping. Write your key message in the box below.

My Kind Message is:

Page 1 of 2

Teacher Content Info

[Download PDF](#)



Superhero Spokes-heroes
(Year 3 - Ages 8-9)
Lesson 8 of 9

Name: _____ Class: _____

Teacher Preparation

Introduction for Teachers

This lesson adapts the complex theme of "raising awareness" into an empowering and age-appropriate role for Year 3 students: the "Superhero Spokes-hero". The goal is to help children understand that they have the power to share the important and kind stories they have learned. The lesson frames this through the fun and high-status role of a news reporter or spokesperson for their superhero team.

The core objective is to build communication skills and a sense of agency. This creates a positive context for understanding that sharing the message about organ and tissue donation is a vital and heroic act. It empowers students to see themselves as advocates for kindness, capable of helping others understand this important gift.

Page 1 of 4



Curriculum Mapping and Links

Australian Curriculum (v9.0)

Subject	Strand	Content Descriptor
Health and Physical Education	Personal, Social and Community Health	AC9HP4P06 : Investigate and apply behaviours that contribute to their own and others' health, safety, relationships and wellbeing.
English	Creating texts	AC9E3LY06 : Plan, create, edit and publish imaginative, informative and persuasive written and multimodal texts, using visual features, appropriate form and layout.
The Arts (Media Arts)	Creating	AC9AMA4C01 : Create and shape media artworks to share ideas, experiences and emotions with audiences.

Queensland Curriculum (QCAA)

Subject	Syllabus	Content Description
Health and Physical Education	Year 3	Describe and apply strategies that promote their own and others' health, safety and wellbeing.
English	Year 3	Create a variety of written and multimodal texts for different purposes and audiences.
The Arts (Media Arts)	Year 3	Create media artworks for a variety of purposes and audiences.



Resources Required

- A prop microphone or "reporter" hat.
- The official Donate Buddies character cards.
- A "Hero News Report" worksheet for each student (formatted like a newspaper or TV screen).
- Markers, crayons, and coloured pencils.
- "Spokes-hero" stickers or badges (optional).

Skills

- Communication
- Persuasive language (simple)
- Summarising
- Creative expression
- Public speaking (informal)

Teacher Preparation

- Prepare the "Spokes-hero" props.
- The core of this lesson is the "Superhero Spokes-hero" metaphor. It transforms the concept of "advocacy" or "campaigning" into a fun, high-status role that children can easily understand and enjoy. The focus is on the positive and empowering act of sharing a story they are now familiar with, giving them a sense of expertise and purpose.

Additional Information

This lesson has been created as part of Donate Buddies, a program designed to help young children explore kindness, sharing, and the importance of helping others. By introducing these concepts in a fun, age-appropriate, and engaging way, children begin to understand the power of kindness and how their actions can make a big difference.

Organ, eye, and tissue donation is a real-life example of this kindness, where one person can help save the lives of many others. While most people can donate tissue, only a small number of people who pass away in hospitals can become organ donors. One organ donor alone can save up to seven lives and help many more people through eye and tissue donation.

