

Our Kindness Celebration: A Ripple of a Song

(Year 1 - Ages 6-7):

Lesson 9 of 9

Lesson Overview

Lesson Title:	Our Kindness Celebration: A Ripple of a Song
Year Level:	Year 1 (Ages 6-7)
Lesson Duration:	30 minutes
Key Focus Areas:	Understanding kindness, helping, and the positive impact of our actions.
Curriculum Links:	<p>Australian Curriculum – Health and Physical Education (Foundation)</p> <ul style="list-style-type: none">• <u>AC9HP2P02</u>: Describe how respect, empathy and compassion can be expressed to build positive relationships.• <u>AC9S1U01</u>: Identify the basic needs of plants and animals, including air, water, food or shelter, and describe how the places they live meet those needs.• <u>AC9AVA2C01</u>: Use materials, techniques and technologies to explore art making, and represent ideas and experiences.

Learning Intentions

- Remember and celebrate the key ideas we have learned about kindness.
- Learn and sing a song that tells the story of the "kindness ripple."
- Create a special certificate to celebrate becoming a "Kindness Ambassador."

Success Criteria

- Sing the "Kindness Ripple" song with my class.
- Name one important idea I learned about helping others.
- Decorate my "Kindness Ambassador" certificate with pride.



Teaching Sequence

Work through this lesson in the following sequence:

Duration	Part	Focus
5 minutes	Part A. Our Kindness Journey	Review and Introduction to the Celebration
10 minutes	Part B. The Kindness Ripple Song	Learning and Singing Our Special Song
10 minutes	Part C. Our Ambassador Certificates	Creative "Certificate of Kindness" Activity
5 minutes	Part D. The Kindness Celebration	"Graduation" Ceremony and Final Reflection

Part A. Our Kindness Journey (5 minutes)

Step 1. Introduction and Review

- Gather students on the floor. Display some of the crafts from previous lessons (e.g., the Kindness Ripples, Caring Circles, etc.).
- Say with excitement: "Hello Kindness Ambassadors! Today is a very special day. For the last eight lessons, you have been on an amazing kindness journey, and today is our celebration to honour everything you have learned!"
- Lead a brief, interactive review: "Let's look back at our journey. Wiggle your fingers like a ripple if you remember how kindness spreads. Make a circle with your arms if you remember our Caring Circles. Point to your heart if you remember learning about our amazing bodies. And give a big thumbs up if you remember the power of making a kind choice."
- Say: "You have learned so much. Today we will celebrate becoming official Kindness Ambassadors."



Part B. The Kindness Ripple Song (10 minutes)

Step 1. Introducing the Song

- Unveil the large chart with the song lyrics and picture cues.
- Say: "Every important group of ambassadors has a special song to share their message, and today we will learn ours! It's called 'The Kindness Ripple Song,' and it tells the whole story we have learned."

Step 2. Learning the Song

- Point to the words and pictures as you teach the song line by line. Use a simple call-and-response method first (you sing a line, they sing it back).
- The song is to the tune of "Row, Row, Row Your Boat."

(Verse 1)

Kind, kind, kindness starts,
Like a little stone,
Makes a ripple in the pond,
Kindness can be grown.

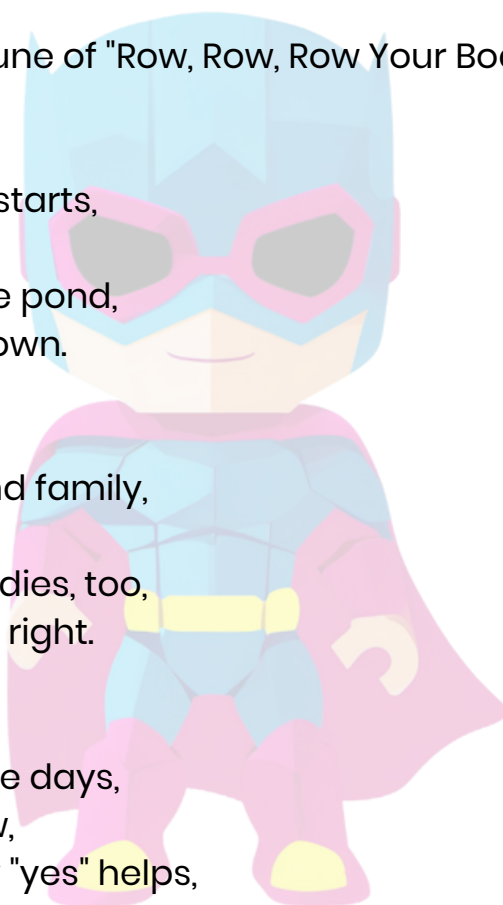
(Verse 2)

Help your friends and family,
In your circle bright,
Doctors help our bodies, too,
To make everything right.

(Verse 3)

Give the gift of future days,
Happy, fun, and new,
A kind choice to say "yes" helps,
It's a wonderful thing to do!

- Sing the song through together a few times, encouraging simple actions like making a ripple with their hands or giving a thumbs up.



Part C. Our Ambassador Certificates (10 minutes)

Step 1. Introducing the Creative Activity

- Say: "Now that you have learned our official song, it is time for you to receive your official certificate! You have each earned a 'Kindness Ambassador Certificate' for all your hard work and for having such kind hearts."
- Distribute the pre-printed certificates and special craft supplies.
- Instruct: "Your mission is to decorate your certificate to make it official. You can add your name, and use the special sparkly pens and stickers to make it beautiful. This certificate shows everyone that you are an official ambassador for kindness."

Step 2. Creative Time

- Students move to tables to create their certificates. Play some upbeat, celebratory music.
- As they work, circulate and praise their designs.
 - "What a beautiful certificate! It looks perfect for an important ambassador."
 - "You should be very proud of earning this."

Part D. The Kindness Celebration (5 minutes)

Step 1. The "Graduation" Ceremony

- Gather the students back to the floor, holding their finished certificates.
- Say: "Kindness Ambassadors, please stand up. You have learned how kindness can ripple out to help many people. You have learned about our caring communities and the brave and kind choices people make. I am so proud to officially welcome you as Kindness Ambassadors!"
- Lead the class in a big round of applause for themselves.

Step 2. Final Reflection and Song

- Ask: "How does it feel to be an official Kindness Ambassador?"
- Say: "Remember, you can use your ambassador powers every day by making kind choices and starting your own kindness ripples. Let's sing our song one last time to celebrate!"
- Sing "The Kindness Ripple Song" together with pride and enthusiasm.



Differentiated Learning

- Extension:
 - Ask students to draw one small symbol on their certificate that represents their favourite kindness story from the unit.
 - Invite a confident student to help you lead the class in singing the song.
- Learning Support:
 - Focus on learning the first verse of the song and the main chorus.
 - Provide pre-cut shiny shapes and stickers for students who may find decorating the certificate challenging.

Teacher Reflection

- Did this lesson feel like a successful and joyful celebration of the unit?
- Were the students proud to create and receive their "certificates"?
- Did the song effectively consolidate the key messages from the previous lessons?
- What was the most impactful part of this 9-lesson journey for the students? What will they remember most?

Assessment

- Observation of participation in the celebratory review and song.
- Willingness to sing and perform the actions for the "Kindness Ripple Song."
- Creative expression and pride shown in the "Kindness Ambassador Certificate" craft.
- Verbal expression of understanding what it means to be a "Kindness Ambassador."

Additional Notes:

Ensure the lesson is a joyful and positive culmination of the entire unit. The focus should be on celebrating the students' learning journey and reinforcing their sense of empowerment and pride as official "Kindness Ambassadors."

This final lesson solidifies the unit's key messages in a memorable and happy way. It provides a powerful, positive conclusion, leaving students with a lasting sense of their own capacity for kindness and the importance of helping others.

