

10 FUN FACTS ABOUT ORGAN AND TISSUE DONATION

- One organ donor can save up to 7 lives.
- People of all ages can be organ and tissue donors.
- A donated heart can help someone live a full and active life.
- Kidneys are the most commonly transplanted organ.
- You can also donate tissues like skin, bone, and corneas (the clear part of your eye).
- Donated corneas can help someone see again!
- Some people wait months or even years for a life-saving transplant.
- In Australia, you can become a donor when you're over 16 (with family support).
- Families often say that donation gave meaning and comfort during a sad time.
- Organ and tissue donation is all about kindness, helping others, and being a hero.




Answer these questions about donation:

1. How many lives can one donor save? _____
2. What is the most commonly transplanted organ? _____
3. What part of the eye can be donated? _____
4. Who helps decide about donation if you're under 16? _____
5. What does organ donation help people do? _____

Circle True or False for the statements below:

1. You must be over 30 to be an organ donor.
2. Only organs like hearts and lungs can be donated.
3. Donation helps people live longer and healthier lives.
4. You can be a hero by talking to your family about donation.



Did You Know?
 "You can donate tissue like skin, tendons, and even bone to help others heal!"