

Sharing the Kindness News

(Prep - Ages 5-6):

Lesson 5 of 9

Lesson Overview

Lesson Title: Sharing the Kindness News

Year Level: Prep (Ages 5-6)

Lesson Duration: 30 minutes

Key Focus Areas: Understanding kindness, sharing, and helping others

Curriculum Links: Australian Curriculum - Health and Physical Education (Foundation)

- AC9HPFP02: Practise personal and social skills to interact with others with care, empathy and respect.
- AC9EFLY06: Create and participate in shared editing of short written, oral, visual and multimodal texts to report on a topic, express an opinion or tell a story.
- ACAVAM107: Use and experiment with different materials, techniques, technologies and processes to make artworks.

Learning Intentions

- Remember the important ideas we have learned about being a helper.
- Understand that it feels good to share happy and kind news with others.
- Create a "Kindness News" card to help us share our stories with our families.

Success Criteria

- Name one kind thing I have learned about in our lessons.
- Help make a "Kindness News" card to take home.
- Practise telling someone my "Kindness News."



Teaching Sequence

Work through this lesson in the following sequence:

Duration	Part	Focus
5 minutes	Part A. Welcome, Kindness Reporters!	Review and Introduction to Sharing News
15 minutes	Part B. What's the Big Story?	Brainstorming the "Kindness News" & Creative Activity
5 minutes	Part C. Practice Report	Sharing with a Partner & Connecting to the Big Idea
5 minutes	Part D. Good News Circle	Reflection and Celebration

Part A. Welcome, Kindness Reporters! (5 minutes)

Step 1. Review and Introduction

- Gather students on the floor. Put on your "reporter's hat" or hold the toy microphone.
- Say: "Hello Superheroes! Today, we have a new and very important job. We are going to become Kindness Reporters! A reporter's job is to find all the amazing stories and share the good news with everyone."
- Ask: "Over the last few weeks, we have learned so many amazing things about helping. What is one piece of good news you can remember?" (Listen for ideas about superheroes, helping teams, magical helpers, or the gift of time).

Step 2. Story Time

- Introduce a picture book about sharing a story or message.
- Say: "Reporters love to share stories. This book is about a character who has something important to share. Let's see how they do it and how it makes others feel."



- Read the story aloud. Afterwards, connect it to the theme.
 - Ask: "How did the character share their message? Did it make others feel happy to hear it?"
 - Say: "That's what we're going to do today! We're going to get ready to share our good news."

Part B. What's the Big Story? (15 minutes)

Step 1. Brainstorming the "Kindness News"

- Bring out the large piece of paper titled "Our Kindness News!"
- Say: "Okay reporters, let's get our headlines! What are the biggest, most important stories we've learned about helping?"
- Guide the class to recall the main ideas from the previous lessons and write them as simple "headlines" on the chart. Use simple drawings next to each one.
 - Headline 1: Everyone can be a Kindness Superhero! (Draw a heart with a cape).
 - Headline 2: Our Helping Teams are super strong! (Draw stick figures holding hands).
 - Headline 3: Doctors and Nurses are Magical Helpers! (Draw a stethoscope or a helper's bag).
 - Headline 4: The best gift is more time to play! (Draw a gift box or a birthday cake).

Step 2. Introducing the "Kindness News" Card

- Distribute the pre-folded cards (the "My Kindness News" worksheet).
- Instruct: "This is your special reporter's card. The front cover shows that you are part of the Kindness News team. On the inside, you get to be the illustrator for our newspaper! Your job is to choose your favourite headline from our list and draw a big, beautiful picture about it. This will be your main story to share."

Step 3. Creative Activity

- Students move to tables with crayons, markers, and stickers.
- As they work, circulate with your microphone prop and ask reporter-style questions.
 - "What's the big story you're working on today?"
 - "Tell me about your illustration. What's happening in this good news report?"



Part C. Practice Report (5 minutes)

Step 1. Connecting to the Bigger Idea

- Say: "Kindness Reporters, you are creating such wonderful news stories! Sharing happy news is a very kind thing to do. When we tell people about all the amazing ways we can help each other, it spreads kindness around like sunshine."
- Connect to the theme: "By sharing these stories, you are doing a superhero's job. You are reminding everyone how powerful kindness is. You are helping people think about the 'magical gift' in a happy, kind way."

Step 2. Pair and Share

- Say: "Every good reporter practises their story. I want you to turn to the person next to you and be a reporter. Show them your picture and tell them your kindness news story."
- Allow a few minutes for the children to practise sharing their drawing and story with a partner.

Part D. Good News Circle (5 minutes)

Step 1. Sharing with the Class

- Gather students back to the floor with their completed cards.
- Say: "Is there any breaking news? I'd love for a few Kindness Reporters to share their big story with the whole class."
- Invite 2-3 volunteers to come to the front, hold up their card, and share their story. Offer them the microphone prop to make it feel official.

Step 2. Reflection

- Ask: "How did it feel to be a reporter and share such good news?"
- Say: "You all did a wonderful job. This Kindness News card is for you to take home. You can share your happy story with your family when you feel ready. You are all official Kindness Reporters!"

Differentiated Learning

- Extension:
 - Encourage students to write a "headline" word on their drawing (e.g., "HELP," "TEAM," "PLAY").
 - During sharing, ask them why they chose that story as their most important news.



- Learning Support:
 - Help students choose a headline from the brainstorm chart before they go to their tables.
 - Use verbal prompts to help them start their drawing: "So you chose the 'Helping Teams' story. Who should we draw in your team?"

Teacher Reflection

- Did the "Kindness Reporter" frame empower the students and make them feel confident about sharing?
- Were the students able to recall the "headlines" from previous lessons during the brainstorm?
- Did the practice "pair and share" activity help build their confidence for sharing at home?
- How did this lesson successfully transform the idea of a "difficult conversation" into a positive, child-led sharing activity?

Assessment

- Observation of participation in the "Kindness News" brainstorm.
- Ability to recall and articulate a positive concept from a previous lesson.
- Engagement and creative expression in the "Kindness News" card activity.
- Willingness to share their "news story" with a partner or the class.

Additional Notes:

Ensure the "Kindness Reporter" activity remains playful and empowering. The goal is to build confidence in sharing positive stories, not to create pressure on the child to have a formal conversation at home. The take-home card is a tool for the child to use if and when they feel comfortable.

This lesson is a crucial step in transforming students from passive learners into active sharers of the kindness message. It provides a safe, positive, and child-led bridge for these important ideas to travel from the classroom to the home.

