

Our Kindness Celebration: A Superhero Song

(Prep - Ages 5-6):

Lesson 9 of 9

Name: _____ Class: _____

Teacher Preparation

Introduction for Teachers

This final lesson is a joyful celebration of the entire learning journey. The theme for older students, "Music to Inspire Action," is adapted here into a fun, musical culmination. The goal is to consolidate all the positive messages from the unit into a simple, memorable song and a craft activity that allows students to celebrate their new status as "Kindness Superheroes."

The lesson should feel like a graduation or a superhero award ceremony. It is a time for praise, positive reinforcement, and celebration. The "Kindness Superhero Song" serves as a powerful mnemonic device to help students remember the core concepts, and the "Kindness Superhero Medal" is a tangible symbol of their learning and their capacity for kindness.



Key Concepts & Language for Teachers

- **The Celebration Frame:** This lesson is a party! Use enthusiastic and celebratory language.
 - **Say:** "Today is a very special day! You have all completed your Kindness Superhero training, and it's time to celebrate! We're going to have a Kindness Celebration to show how much we've learned."
- **The Kindness Superhero Song:** This is the heart of the lesson. The song should be taught joyfully, using a large chart with lyrics and simple picture cues to help non-readers. The tune can be a simple, familiar one like "Twinkle, Twinkle, Little Star."
- **Kindness Superhero Song**
(To the tune of "Twinkle, Twinkle, Little Star")

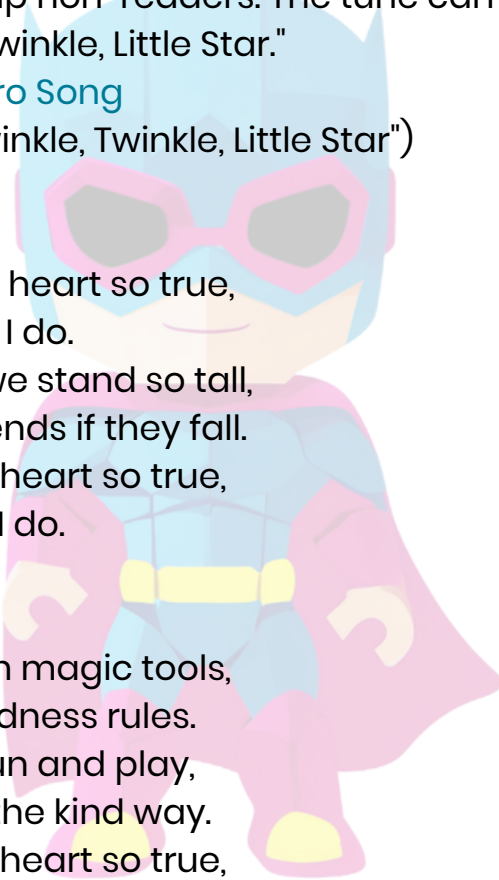
(Verse 1)

With my helping heart so true,
Kindness is in all I do.
Helping teams, we stand so tall,
We will catch friends if they fall.
With my helping heart so true,
Kindness is in all I do.

(Verse 2)

Doctors help with magic tools,
Following the kindness rules.
Giving time for fun and play,
Making choices the kind way.
With my helping heart so true,
Kindness is in all I do.

- **The Superhero Medal:** This craft is a symbol of achievement and pride.
 - **Say:** "Because you have all learned so much and have shown such kind hearts, you have earned your official Kindness Superhero Medal! You can decorate it to show what kind of superhero you are. When you wear it, it will remind you of your amazing power to help."



Safety and Sensitivity Considerations

- **Focus on Joy and Pride:** This lesson should be entirely positive. It's a celebration of the students' journey and their understanding of empathy and kindness. Avoid any new or complex information about donation.
- **Inclusive Celebration:** Ensure every child feels a sense of accomplishment. Praise their singing, their artwork, and most importantly, their kind hearts. The celebration is about their effort and their journey, not about artistic or musical perfection.
- **Positive Conclusion:** The goal is to leave students with a lasting, positive, and empowering feeling. The final message should be that they are all now official "Kindness Superheroes" who have the power to make the world a kinder place.

Teacher Resources

- A large chart with the lyrics and simple picture icons for the "Kindness Superhero" song.
- An upbeat, simple backing track (optional).
- Pre-cut cardboard circles (for medals).
- Ribbon or yarn for necklaces.
- "Special" craft supplies: gold/silver glitter, shiny stickers, foil paper.
- Glue sticks and markers.

Magical Body Facts for Little Learners (Ages 5–6)

- Helping Hearts, Sharing Lungs, and Kindness Inside Us All!

1. Our Bodies Are Magical

- Did you know our bodies are full of amazing parts that help us live, breathe, see, move, and grow?
- And guess what? When someone is really sick, these parts can sometimes be shared to help them feel better!

2. We Can Be Super Helpers

- Some people choose to be body helpers. That means after they've finished using their body, special parts like their heart, lungs, or eyes can be given to someone who needs them.
- It's one of the kindest things anyone can do!



❤️ 3. One Person = Many Lives

- Just one super helper can save up to seven people!
- And some parts — like skin or eyes — can help even more. That's a LOT of kindness!

🏥 4. Doctors Help It Happen Safely

- This only happens in special places like hospitals. Doctors and nurses make sure everything is safe and loving. Families help too — they say “yes” to helping others.

👁️ 5. Eyes, Skin, Bones, and More!

- Not just hearts and lungs — our eyes, skin, and bones can be shared too!
- Someone who can't see might be able to see again with new eyes. How magical is that?

🇦🇺 6. Australia Is Full of Kind People

- Lots of families in Australia say “yes” to sharing body parts.
- That means more people get to smile, run, play, and live their best lives — thanks to amazing body helpers.

🧠 7. We Can Talk About It

- Even though we're little, we can still talk to our grown-ups about helping others.
- Maybe one day you'll grow up to be a helper too!

❤️ Kindness Grows When We Share

- Helping others is something we can ALL do.
- Even just talking about body gifts makes the world a better, braver place. 🌟

